

**Supplemental
Nutrition
Assistance
Program**

SNAP Double Dollars:

SNAP (Supplemental Nutrition Assistance Program) is a USDA program (formerly known as food stamps) that provides assistance to low-income families and individuals. The North Augusta Farmer's Market, Waynesboro Farmer's Market, and Youth-Run Farm Stand all accept SNAP benefits and will **DOUBLE THE VALUE** of SNAP money spent at the market up to \$25.00.

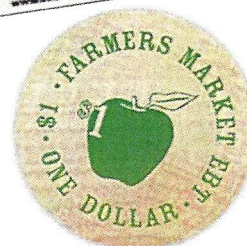
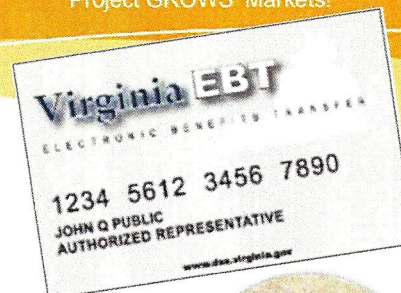
Why Eat Local?

- ❖ Fresh, nutrient rich food.
- ❖ Know your farmer.
- ❖ Greater variety of foods.
- ❖ It's Healthy!
- ❖ With the double dollars program you save money!
- ❖ Builds community.
- ❖ Better for the environment.



How to Use your SNAP benefits at our markets:

1. Find the Project GROWS' Information Table. The market manager will swipe your EBT card for the amount of money you request to put on your card.
2. You will receive wooden market tokens that act as cash to purchase SNAP-approved items at the market. Each token has a value of either \$1.00 or \$5.00.
3. SNAP customers can match up to \$25 at each market. Meaning we double what you spend at the market up to \$25. If you spend \$25 you get \$50!
4. You can use our tokens at any of the Project GROWS' Markets!



**The North Augusta
Farmer's Market
SNAP Double
Dollars Program**

Project GROWS and Food Access

Project GROWS strives to grow a community that has access to an abundance of fresh, healthy, nutritious food. We are working to increase food access in our community through a variety of healthy food incentive programs at our farmer's markets including: SNAP Double Dollars program and the Senior and WIC Farmer's Market Nutrition Program providing fresh fruits and vegetables to qualifying Seniors and families participating in the Women and Infant Children (WIC) program.



Buy fresh, local foods with SNAP

What can you buy with YOUR SNAP benefits at the market?

- ❖ Meat
- ❖ Vegetables
- ❖ Fruit
- ❖ Eggs
- ❖ Bread
- ❖ Honey
- ❖ Cheese
- ❖ Wrapped baked goods to be consumed at home
- ❖ Herbs
- ❖ Food-producing plants
- ❖ Jams/preserves

Tips for shopping at our market:

- Bring your family!
- Some things sell out quickly, so come early!
- Ask the farmers questions! They can often tell you recipes and how to prepare produce that is new to you.
- The food at the market is locally grown and may only be available during certain seasons. Find out what's in season by visiting: www.vdacs.virginia.gov/vagrown/pdf/

Visit our markets!

Waynesboro Farmer's Market:
Saturdays, from 9 AM – 1 PM
May 12th – September 29th (2018)

North Augusta Farmer's Market:
Wednesdays, from 12 PM – 5 PM
April 4th – October 31st (2018)

Staunton-Augusta Health Department
Farmer's Market:
Fridays, from 11 AM – 2 PM
July 6th – September 28th (2018)

Boys and Girls Club Youth-Run Farm
Stand:
Wednesdays, from 5 PM to 6 PM
June – August (2018)