



**Fly Fishing 101 • Agecroft Hall & Gardens and Carytown
Adventure Bound After School Hiking Club • Tai Chi/Qigong • Recreational Soccer
Staunton Senior Health EXPO • Master Gardeners: Winter Sowing • Camp Staunton**



Staunton Senior Health EXPO

Friday, April 12, 9am-1pm, Gypsy Hill Park Gymnasium

Staunton Parks and Recreation's 3rd Annual "50 & Better" Senior Health Expo combines complimentary health screenings and informational booths on a broad variety of senior wellness needs. Attendees at this free, public event can enjoy coffee and refreshments and wind their way through booths specially designed to promote the health and well-being of seniors. Staunton Parks and Recreation supports a strong aging lifestyle and healthy & active opportunities. We encourage our local "50 & Better" population to stay active, stay engaged and never stop becoming a better you! Screenings and services range from a variety of free medical screens, sight and hearing reviews, nutritional information and a wide variety of health and aging resources all under one roof. Interested in participating in this event as an exhibitor? Please call the rec office at 540.332.3945 and ask for Ana Fugate or email at fugatear@ci.staunton.va.us



Staunton Parks & Recreation

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Building Codes

MHP- Montgomery Hall Park, MHPC- Montgomery Hall Park Conference Room,
MHPA- Montgomery Hall Park Activity Room, GHPG- Gypsy Hill Park Gym,
GHPGC- Gypsy Hill Park Garden Center, NSC- Nelson Street Center,
BTWCC- Booker T. Washington Community Center

Seeking Lifeguards

Our success is because of you! Staunton Parks and Recreation needs new lifeguards to join our pool staff this summer. Please contact Ken by email at jacobsenkl@ci.staunton.va.us or call 540.332.3945.

Register Online

Registering for programs has never been easier.

Go to www.ci.staunton.va.us/departments/parks-recreation and click "Register For Activities".

See page 16 for registration information

Event & Weather Cancellation Line

540.332.3947

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Various photos throughout by Canva



COMMUNITY EVENTS



The Gypsy Yard Sale

Saturday, February 3, 8am-12pm, Gypsy Hill Park Gym

Thirty-five 10'x10' spaces are available for rent. Price: \$15 per space, tables \$5 each. Set up for vendors will be 2pm-7pm on Friday February 2. No items brought in Saturday morning. Pre-registration and pre-payment for tables required. *Please register online or in person at the Recreation department.*

Irish Road Bowling

Saturday, March 16, Montgomery Hall Park

Join us for a wee bit o' fun and try Road Bowling. This St. Patrick's Day event is full of fun and (family) friendly competition with our own spin on the original game played on the Irish country roads. Teams are comprised of either 3 or 4 people and we will assign tee times. Wearing Green and fun St. Patrick's Day clothing is encouraged. Team entry fee: \$25 for a 3-person team, \$30 for a 4-person team (Price includes one road bowl per team). Bowling tee times are between 9am-12:30pm. Call the Recreation office for more details at 540.332.3945, online registration available beginning in January or stop by the rec office to register your team. *Thank you to event Sponsor McDonough Toyota*



Eggstravaganza

Saturday, March 30, Montgomery Hall Park Soccer Complex

Join us for our Annual Egg Hunt and Eggstravaganza Festival complete with moon bounce, old-fashioned egg coloring, refreshments, arts and crafts activities, face painting, and surprise entertainers. BYOB (bring your own basket). Free event!

Egg Hunt Ages/Times:

2 & 3 years: 10am

4 & 5 years: 10:30am

6 & 7 years: 11am

8 to 10 years: 11:30am



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ATHLETICS

Adult

Co-ed Spring Softball League

Co-ed league is returning for another exciting year. The league will begin May 7th. Ball requirement is 12", .44 core, .375 for men, and any 11", .44 core ball for women. *League fee is \$300 per team by April 27. Men use wooden bats. League will play on Tuesday and Thursday.*

Men's Spring Softball League

This league is open to teams consisting of players 16+ years of age to compete in men's slow pitch softball at Montgomery Hall Park in Staunton. Teams can consist of up to 20 players. The league will begin April 29. Will play Monday & Wednesday nights. Ball requirement is .44 core .375 compression. *League fee is \$300 per team, register by April 18.*

Men's and Co-ed Softball Meetings and Open Forum

On April 16 at 7pm, in the Montgomery Hall Park activity room there will be an open forum and meeting discussing the upcoming season. This time will also serve as a discussion for any suggestions anyone would like to make concerning the league or any of its policies. Anyone considering entering a team in the spring season should attend if possible.

No Registration Required! Join us at this informative meeting!

Seeking Referees

Staunton Parks and Recreation needs new members to join our referee and umpire teams for our adult leagues. *Please contact Kenneth by email at jacobsenk1@ci.staunton.va.us or call 540.332.3945.*

Earth Day Staunton

Saturday, April 20, 11am-3pm, Bandstand at Gypsy Hill Park
Celebrate Earth Day with us on Saturday, April 20 from 11am-3pm. Earth Day Staunton will take place at the Gypsy Hill Park Bandstand. Enjoy kid-oriented activities, live native wildlife shows, live beehive, face painting, native plant sale, and more. Food on site. Bring a refillable water bottle. Admission is free. In the event of rain, Earth Day Staunton will be in the Gypsy Hill Park Gym. *For more information, please visit earthdaystaunton.org*

30th Annual YOUTH Fishing Derby

Saturday, May 4, 8am-11am, Lake Tams in Gypsy Hill Park
Open to youth 4-15 years of age. Prizes awarded in various categories. FREE on-site registration begins at 7:30am

Kids Matter Day

Saturday, May 11, 10am-1pm, Gypsy Hill Park Gym
Don't Miss out on all the FUN! Kids Matter Day has provided as many as 500 kids and families in a single day with local resources. Children and parents from Staunton, Waynesboro, and Augusta County are invited to visit safety and resource stations provided by local community organizations to receive dental imprints, first aid information and much more. FREE, for more information call committee member Staunton Parks and Recreation at 540.332.3945. SPONSORS NEEDED! Help us keep this event free to the community! *Businesses and individuals are encouraged to contact Lesley Holsinger at holsingerlj@ci.staunton.va.us.*



COMMUNITY CLASSES

American Sign Language

This course teaches the basic communication skills in American Sign Language. There will be many hands-on activities and games, discussions, vocabulary development, and conversational skills. Any individual who has had basic or no experience at all may benefit from this course. A fun opportunity to learn a new language in a stress-free environment outside of a classroom! Ages 9+. Instructor: Amy Ashworth. *MHPA, 7:15pm-8:15pm, eight Thursdays beginning March 14. Price: \$65. Register by: March 7*

Egg-citing Wreath Making

Do you want a new skill that you can literally take home? Come and learn how to make a beautiful wreath, just in time for the Spring holidays. Everything you need will be provided: wreath frame, mesh, eggs, etc. If you want to bring your own personal touches, please do! Ages 12+. Instructor: Ana Fugate. *MHPA, 10am-12pm, Saturday, February 24. Price: \$25. Register by: February 17*

LARP in the Park

LARP /lärp/ (noun): a type of interactive role-playing game in which the participants portray characters (dress up in silly costumes) through physical action (battle with foam swords). Would you like to LARP? Of course you would. Do you have a weapon? No? GREAT! We're going to make boffer swords - foam wrapped bamboo that you safely swing at other people in mock battles. We'll spend a few hours in the morning making swords, and a few hours in the afternoon learning how to LARP; following rules that assure it's vastly more fun and safer than if we were using real weapons. It's May the 4th - so Star Wars themed costumes are strongly encouraged. CHARGE!!!! Ages 8+ (Anyone under the age of 12 should be accompanied by a guardian). Instructor: Dan Funk with Staunton Makerspace. *MHP, 10am-2pm. Saturday, May 4. Price: \$40. Register by: April 22*



Puppy Preschool

Layer up and bring your new bundle of joy to the small dog-park and agility ring for a 6-week training series in Gypsy Hill Park! During these sessions, your puppy (5 months and under) will learn the fundamentals of socialization with people, children, and other puppies. This course allows your pup to build confidence through basic training. Please arrive 10 minutes early. Instructor: Melissa Hays of Virginia Company Dog Training. *GHP, 1pm-2pm, six Saturdays beginning February 3. Price: \$188. Register by: January 27*

Tea Time w/ George

Are you a lover of history? Come join us over tea and cookies as we talk about some of our most prominent first ladies. Do you know which first lady gave more than 1,400 speeches? The first lady who is considered (by many) as the first woman president? The first lady who consulted an astrologer to discern her husband's schedule and the first lady who took millions of Americans on a tour of the White House? As we approach another presidential election, let's look at some first ladies who had a large impact on their husband's presidency. Ages 15+. *MHPC, 1:30pm-3pm, Four Fridays beginning March 8. Price: \$15. Register by: March 1*

Bird Watching 101

The end of April and beginning of May mark the height of songbird migration. Join us as we take a mile walk and identify common birds and the habitats they prefer. We may also learn some of their songs and identify any migrating species who might be passing through. Please bring binoculars if you have them, but we can provide a few pairs. We will make sure to recommend bird guides as well as helpful bird apps for identification. Families are welcome! Instructor: Lynne Parks with Augusta Bird Club. *Picnic Pavilion in MHP, 8:30am-9:30am, April 27. Price: \$10. Register by: April 20*

Master Gardeners: Winter Sowing

Indoor seed sowing got you grumpy and glum? Tired of trying to imitate mother nature? Welcome to the wonderful world of winter sowing. Together, we will start our seeds indoors and learn the proper techniques and care, in order for them to survive and thrive, until it is time to be planted. *GHPGC, 10am-12pm, Saturday, February 17. Price: \$10. Register by: February 10*

Beneficial Bugs

STOP! Before you squish that bug, come join our class and find out how different bugs are helpful to our gardens and flower beds. We will learn what they eat, where they sleep, and their various life stages during this class. You will also have the chance to build your very own bug house that is designed to be placed outside near your garden! Instructors, Elissa, Jan, and Amy, bring their knowledge and experience as Master Gardeners from the Central Shenandoah Valley Master Gardener Association (CSVMGA). *MHPA 10am-12pm, March 9. Price: \$15. Register by: March 2*



50 & WISER



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Staunton Parks and Recreation's 3rd Annual "50 & Better" Senior Health Expo combines complimentary health screenings and informational booths on a broad variety of senior wellness needs. Attendees at this free, public event can enjoy coffee and refreshments and wind their way through booths specially designed to promote the health and well-being of seniors. Staunton Parks and Recreation supports a strong aging lifestyle and healthy & active opportunities. We encourage our local "50 & Better" population to stay active, stay engaged and never stop becoming a better you! Screenings and services range from a variety of free medical screens, sight and hearing reviews, nutritional information and a wide variety of health and aging resources all under one roof. Interested in participating in this event as an exhibitor? Please call the rec office at 540.332.3945 and ask for Ana Fugate or email at fugatear@ci.staunton.va.us

Back in the Groove

Are you Ready to Have Some Fun! Join BACK IN THE GROOVE. This precision dance team may be exactly what you are looking for. Members will learn exciting new group precision moves to some very cool music. It is not only an opportunity to meet new friends and form everlasting bonds, but also to perform these precision moves at fun events including Staunton's July 4th Parade, fireman's carnival parades, Veterans Day and Christmas Parades. NSC, Tuesdays from 7pm-8pm, Ages 50+. Price: \$20 for a two-month session. Join anytime!

January-February session begins Jan. 9

March-April session begins March 5



Ducks in a Row

The Ducks in a Row workshop helps each person give the gift of planning by getting affairs in order! Participants develop a plan for making decisions, organizing records, and preparing for the future to ensure personal wishes will be met. The workshop includes topics such as wills, medical directives, family memorabilia, and distribution of belongings, as well as plans for funeral, financial and legal matters. Save time, headaches and confusion for your loved ones by getting your Ducks in a Row! Some parents and children attend together! Instructor: Mary Ann Stripling. MHPC, 4:30pm-6:30pm, three Tuesdays beginning March 26. Price: \$50. Register by: March 19

Morning Warmups

This class is great for seniors with tired muscles and as a follow up for physical therapy. Bring hand weights, exercise mats, and resistance bands. Learn chair exercises, healthy eating, and diet tips. Men and women invited! Ages 50+. Instructor: Brenda Powell. GHPG, Tuesday and Thursday, 9am-10am. Price: \$28.80 per 12 classes. Register a week in advance! Winter Session begins January 16
Early Spring Session begins March 12



FITNESS AND WELLBEING



Staunton Steppers

Simple, fun, safe exercise for anyone. This community-based club is formed for anyone who wants to better their health by enjoying a weekly, morning walk. Not only is it safer being in groups, it can also make exercising fun! Together, we can start our week off right with exercise and friends! **\$15 for the season (March-September).** Group will meet on Tuesday mornings at 9am in Gypsy Hill Park in front of the bandstand. Program begins March 19. Register anytime!

Staunton Kendo & Iaido (Monthly)

Choose between different two styles of Japanese sword arts. Kendo is a modern form of Japanese fencing. It comes from the sword arts of ancient Japan. Kendo is more than just learning to fence. It is also about proper discipline and spirit. Iaido is the Japanese sword art of drawing and cutting in one motion. This is a great martial art for mental concentration. We teach Seiteigata Iaido. Instructor: John Smitka. *GHPGC, Iaido 6:30pm-7:30pm, Kendo 7:30pm-9:15pm, Wednesday. Join monthly sessions beginning 1st Wednesday of each month. Price: \$65/month*
January Session begins Jan. 3
February Session begins Feb. 7
March Session begins Mar. 6
April Session begins Apr. 3

Tai Chi/Qigong (Day time Session)

Tai Chi and Qigong uses a series of positions to help improve your balance, posture and aid in increased mobility. This program will teach soft flowing movements designed to improve strength and range of motion while relaxing both your body and mind. Come practice a variety of Qigong exercises and learn eight-movement Yang style Tai Chi form. No previous experience necessary. Flexible shoes and comfortable clothes recommended. Instructor: Brian Weaver. *GHPGC, 12pm-1pm, Five weeks, Tuesday and Thursdays. Price: \$108 per session*
K1138-05 Session begins Jan. 30
K1138-06 Session begins March 12
K1138-07 Session begins April 23

Adult Kung Fu

Come improve your health, learn self-defense, and have fun learning the techniques, applications, history and culture of traditional martial arts. Training will be in the Hung Gar and Northern Shaolin Longfist Kung Fu discipline. Benefits of Kung Fu include improved strength, agility, flexibility, self-defense skills and multiple mental health benefits. Instructor: Brian Weaver. *GHPGC, 6:15pm-7:30pm, Join new Monthly sessions beginning on the first Tuesday of each month. Price: \$60/month*
K7203-05 (January Session)
K7203-06 (February Session)
K7203-07 (March Session)
K7203-08 (April Session)

Morning Warmups

This class is great for seniors with tired muscles and as a follow up for physical therapy. Bring hand weights, exercise mats, and resistance bands. Learn chair exercises, healthy eating, and diet tips. Men and women invited! Ages 50+. Instructor: Brenda Powell. *GHPG, Tuesday and Thursday, 9am-10am. Price: \$28.80 per 12 classes. Register a week in advance!*
Winter Session begins January 16
Early Spring Session begins March 12



FOR THE KIDS

PRE-K/TODDLER

Toddler/Pre-K Open Gym

As the weather cools down and the snow begins to fall, we find ourselves cooped up with not many options to run and play. Join us Wednesday mornings at the Gypsy Hill Park Gymnasium. We will have balls, toys, and games available for little ones, as well as plenty of open space for running and being silly.

Parent/ guardian must remain present with their children. Ages 5 and under. *GHPG, 9:30am-11:30am, Wednesdays November to March. Price: \$3/child each visit. *Please note: this program will be unavailable on the fourth Wednesday of every month.*

Handprints

Handprints is a child-centered art program where our youngest artists are free to explore and be creative. Children will enjoy a variety of materials and techniques at their own pace: play dough, easel painting, and a special project each week. Emphasis will be on the imaginative process and not the final product, building essential cognitive skills along the way. Best of all we supply everything you and your child need and take care of all the cleanup. Ages 2-5 (with adult). Instructor: Samantha Campbell of "Hey-Ho-Lets Grow". *NSC, 9:30am-10:30am, Price: \$37.*

Six Tuesdays beginning January 16. Register by: January 12

Six Tuesdays beginning March 5 (no class on Mar. 26). Register by: February 27

Six Tuesdays beginning April 23. Register by: April 16

Explorers Club

Who wants to have some fun? Join the Explorers Club for new experiences, visiting exciting sites or having a great outdoor adventure. Let your child become a young adventurer with monthly journeys to a variety of locations. The Explorers Club will have planned trips from February-June. Ages 5 and under (parents must remain present on all adventures). Trips held 10am-noon on the third Friday of each month. *Price: \$10 for the season. Register anytime!*

EXPLORERS



Rock Hopper Toddler Hiking Club

Do you want to get outside with your toddler and discover more? We will give you the tips and tricks to feel confident heading out with your child while we hike the variety of trails at Montgomery Hall Park. Over this session, we will cover topics like choosing the right trail, dressing for success, and packing properly. Our instructor will go over trail safety, "leave no trace", selecting the best trail depending on your child's abilities, and how to make each adventure fun and engaging even if you only make it a short distance with your child. Ages 5 and under (with adult). Instructor: Samantha Campbell of "Hey-Ho-Lets Grow". *MHP, 1:30pm-3pm, six Tuesdays beginning April 2. Price: \$34. Register by: March 26*



YOUTH/TEEN

Camp Staunton Theme: Carniv'all'

June 3 - July 26

Your child will benefit from warm days outside in our beautiful city parks, swimming, fun and games with friends, and some of the best staff and care in our area. We hope you will join us for an amazing summer at Camp Staunton in 2024! Qualified and Mature staff, Park Setting Outdoors with acres of green space, Creativity through free play, Enrichment and Group Activities, Choices and Interests: Your child will choose from many activities like pickleball, archery, hiking, arts/crafts, outdoor games, fishing, and much more. Does your child need Exercise? Whether it is organized or unorganized play, there is no way around it. The Staunton Parks and Recreation summer camp program has been in operation for over 40 years. Our reputation precedes us; just ask any previous summer camp parent or camper about this program. Register for the entire eight-week program, or pre-register for certain weeks. *Program Fees: \$750 pre-paid for 8 weeks, OR \$100 weekly. Space is limited! Registration begins Wednesday, March 6, 6:30pm at the Gypsy Hill Park Gym.*

Smart Cookies

Join us in making some delicious, healthy cookies for Valentine's Day. In this program, we will learn how to make and decorate a strawberry oat cookie for our loved ones (this recipe does include peanut butter). As we are waiting for the cookies to bake, we will discuss the history of Valentine's Day and create our own, unique cards. We ask that adults stay with their child/children during this program. Instructor: Ana Fugate. *MHPA, February 12, 4:30-5:30pm. Ages 4-11. Price: \$10. Register by: February 5*

GIRLS NIGHT OUT!

Spend a night out with the girls, make new friends, and enjoy an evening of fun! Girls will enjoy a variety of activities that can include jewelry making, crafting, self-care, and more. We will provide snacks and everything the girls will need to have a safe, fun night! Ages 9-12. *NSC, 5:30pm-8:30pm, February 9. Price: \$25. Register by: February 2*

Chess for Beginners

This is a beginner course to introduce students to the game of chess and build their critical and strategic thinking. Students will learn the rules of chess, basic strategy/ tactics, and develop a love of the game. As both a game and an intellectual exercise, playing chess furthers many important goals, including improving students' concentration, self-discipline, logical thinking, short- and long-range planning, and understanding the consequences of making good and bad decisions. Ages 5-8. Instructor: George Gruner. *MHPA, 4:30pm-5:30pm, eight Tuesdays beginning March 26. Price: \$30. Register by: March 18*



Advanced Chess (Chess Openings)

We will work on 8 white and 8 black openings. Each class will look at one common "must know" white and black opening. The students will also receive advanced instruction on middle game and end game strategy. Playing time will be part of each session. The class will be limited to students who have a strong understanding of the game of chess and basic chess strategy. Ages 8-18 or younger if the student has completed a previous chess class or with the permission of the instructor. Instructor: George Gruner. *MHPA, 5:15pm-6:15pm, eight Tuesdays beginning March 26. Price: \$42. Register by: March 19*

American Shakespeare Center Drama Club

Join the American Shakespeare Center Drama Club to build confidence and expand creativity with the ultimate team sport: theatre. The ASC Drama Club's 15-week class will explore Shakespeare's language and stagecraft through play, culminating in a final performance of an original, abridged Shakespeare play at the Blackfriars Playhouse on Saturday, April 20. Included in the cost of the ASC Drama Club is a ticket for each participant to join the group on a field trip to see *As You Like It* at the American Shakespeare Center. Instructor: Lia Wallace of American Shakespeare Center. Ages 8-15. *NSC, 1pm-3pm, fifteen Sundays beginning January 14. Price: \$175. For more information, contact Lia Wallace at lia.wallace@americanshakespearecenter.com or by phone at 540.885-5588 ext. 110.*

LARP in the Park

LARP /lärp/ (noun): a type of interactive role-playing game in which the participants portray characters (dress up in silly costumes) through physical action (battle with foam swords). Would you like to LARP? Of course you would. Do you have a weapon? No? GREAT! We're going to make boffer swords - foam wrapped bamboo that you safely swing at other people in mock battles. We'll spend a few hours in the morning making swords, and a few hours in the afternoon learning how to LARP; following rules that assure it's vastly more fun and safer than if we were using real weapons. It's May the 4th - so Star Wars themed costumes are strongly encouraged. CHARGE!!!! Ages 8+ (Anyone under the age of 12 should be accompanied by a guardian). Instructor: Dan Funk with Staunton Makerspace. *MHP, 10am-2pm. Saturday, May 4. Price: \$40. Register by: April 22*

Egg-citing Wreath Making

Do you want a new skill that you can literally take home? Come and learn how to make a beautiful wreath, just in time for the Spring holidays. Everything you need will be provided: wreath frame, mesh, eggs, etc. If you want to bring your own personal touches, please do! Ages 12+. Instructor: Ana Fugate. *MHPA, 10am-12pm, Saturday, February 24. Price: \$25. Register by: February 17*



ACTIVE YOUTH



Adventure Bound After School Hiking Club

Participants will gather after school, make a healthy snack, and venture outside. Some of the topics we will explore: Learn how to set up a tent and the concept of “leave no trace”, read a topographical map, general compass use, do an “urban hike” downtown and explore a variety of trails in and around the city. Instructor: Samantha Campbell of “Hey-Ho Lets Grow” is a Shenandoah Valley native and dedicated early childhood educator with over 10 years of experience. She has a passion for nurturing creativity in children and the outdoors. *MHP, 4:30pm-6pm, Ages 6-10, Six Tuesdays beginning April 2. Price: \$40. Register by: March 26*

Send it!

A 4 week after school program for youth to learn the basics of rock climbing & belaying in a safe environment. Vivid Earth Adventures staff will set new routes each week to challenge climbers and will encourage growth and fun for the group. Helmets, harnesses, and climbing shoes provided. Participants should wear comfortable and weather appropriate clothing. All registrants must have Acknowledgement of Risk and Health forms signed and submitted in order to participate. Using “Monkey Hardware,” Vivid Earth will utilize trees in Gypsy Hill Park for rock climbing routes, in addition to other elements that will aid in classes. The class will meet at Gypsy Hill Park Pavilion between baseball field and armory for drop off (4:15pm) and pick up (6pm). Lead Instructor, Casey Tucker, is a Top Rope Climbing Instructor certified through PCIA and brings 13+ years of experience in outdoor & adventure recreation and youth development. *Ages 11-15. Gypsy Hill Park, 4:15pm-6pm. Four Tuesdays beginning April 23. Price: \$120. Register by: April 16*

Archery Club

This club is designed for youth to participate in a weekly archery program at Montgomery Hall Park. Students will learn archery basics and develop their knowledge and skills so that they are comfortable shooting bow and arrow, become familiar with archery equipment, and follow safety guidelines on the shooting range. This program is made possible by an equipment loan program through a grant received by the Virginia Department of Game and Inland Fisheries. *Ages 8+. Instructor: Liz Hadley*

New Members

Need to complete the Intro to Archery Workshop on April 8, 4pm-6pm (included in price). Club dates next four Mondays, 4pm-5:15pm, beginning April 15. *MHP. Price: \$45. Register by: April 5*

Returning Members

To be eligible for this class you must have completed the Intro to Archery Workshop or been a past student. *MHP, 4pm-5:15pm, Four Mondays starting April 22. Price: \$30. Register by: April 5*



School's Out, Trip's On - Spring Break

This class will meet at Montgomery Hall Park Upper Pavilion in Staunton, VA for drop-off (8 am) and pickup (5 pm.) Vivid Earth provides all equipment necessary. Participants should bring a packed lunch each day. Vivid Earth will provide snacks during the day. You will receive a packing list and forms upon registration. If you have any questions, please reach out to Casey Tucker at info@vividearthadventures.com. *Ages 11-15. Week of School Spring Break. 8am-5pm. Price: \$77 per day. Register one week in advance.*

March 25 Rock Climbing

March 26 Canoeing

March 27 Hiking

March 28 Canoeing

March 29 Caving

Youth Kung Fu

Let your child learn the fundamentals and discipline of Kung Fu. Classes will consist of a rigorous warm-up, stretching and the practice of various Kung Fu techniques and their applications. Exercise will include basic conditioning, drills to improve fundamentals, partner and self-defense drills and the practice of traditional Kung Fu forms and extended sets of movement.

Instructor: Brian Weaver. GHPGC, 5:15pm-6pm, Join new Monthly sessions beginning on the first Tuesday of each month. Price: \$50/mo.

K7202-05 (January Session)

K7202-06 (February Session)

K7202-07 (March Session)

K7202-08 (April Session)



Augusta United Spring 2024 Recreational Soccer



Augusta United Soccer Club strives to provide all youth superior, comprehensive soccer programming emphasizing player development, enjoyment and citizenship. The rec program prioritizes in providing a Fun, Fair, and Safe environment for players of all skill levels. *Registration will be open January 1st for all programs U4 (2021) - U19 (2006). Practice will start at the beginning of March. Games are on Saturdays. Learn more at <https://www.augustaunitedsc.org/>.*

Kiwanis Youth Baseball

Spring baseball is right around the corner. Registration Fee \$40. Second child \$30. Family maximum \$80, regardless of number of children.

All games played at the Kiwanis Baseball Complex in Gypsy Hill Park.

Questions? Visit www.stauntonkbb.com or call the Staunton Recreation Office at 540.332.3945. Check out <https://www.facebook.com/groups/Stauntonbaseball/> for updates and league news.



TRIPS



MGM Grand National Harbor

Roll those dice, baby! This exquisite trip to the MGM Grand National Harbor offers it all. Gambling, unique shops and the best views the National Harbor has to offer. Come try your luck on March 9 as we travel to the casino for a day filled with gaming fun. Ages 21+. *Saturday March 9. Depart GHP Gym at 9am; return at 9pm. Price: \$35. Deadline to register: February 24*

Agecroft Hall & Gardens and Carytown

Walk among the freshly bloomed daffodils in a guided tour of Agecroft Gardens. Together we can learn the history and beauty of Agecroft Hall. Afterwards, we will explore downtown Richmond by hitting Carytown, the mile of style, for shopping and unique dining experiences! *Wednesday, March 20. Depart GHPG at 8:30am; return around 5pm. Price: \$30 (includes transportation and admission). Register by: March 13*

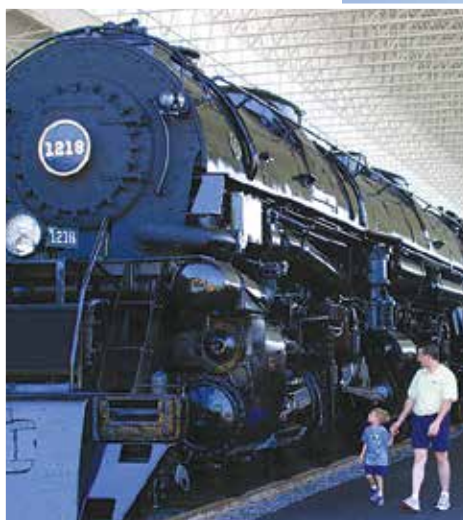
VEGAS BABY! 2024

Las Vegas, NV, April 2-April 6

Fly to Las Vegas on April 2nd to enjoy 5 days and 4 nights of nonstop excitement on the world's most famous strip! Take in a show, go see the Grand Canyon, play some desert golf, or gamble 24 hours a day, you choose what you would like to do once you arrive in Vegas. This trip includes shuttle to and from airport, roundtrip airfare, and hotel accommodations at Excalibur Hotel and Casino. *\$775 per person/ based on double occupancy. Reserve your spot with \$400 deposit, final balance due by March 1.*

Downtown Roanoke and the Museum of Transportation

Our adventure begins with visit to historic downtown Roanoke. Enjoy some great shopping and a delicious meal of your choice before we move onto the Museum of Transportation. While there you can visit some exciting, interactive exhibits and artifacts. The museum offers both historical and cultural concepts that have been pivotal in shaping transportation over time within the Commonwealth and beyond. *Saturday, April 6. Depart GHPG 9am; return around 5:30pm. Price: \$35 (includes transportation and admission). Register by: March 29*



Wohlfahrt Haus Dinner Theater – The Motown Sound

Move and groove through the hits of Motown from Stevie Wonder, Marvin Gaye, The Drifters, The Jackson 5, the Supreme's and more! Join us for a non-stop party with some of the best music ever produced. This retro show is full of beloved songs and entertainment and includes a pre-show dinner. We will be "tentatively" attending a Thursday matinee show on August 15. (Date may change due to ticket availability). Space will be limited! *For more information please call the recreation department at 540.332.3945.*

Boston, Salem, & Cape Ann

Historic sites, museums, amazing tours, eight meals, transportation, lodging and so much more! This isn't just your ordinary trip; this is the vacation you've always wanted. Join us as we explore three great cities (Boston, Salem and Cape Ann). Our travels will include visits to the JFK Library and Museum, a stop at the Famous Faneuil Hall Marketplace, a journey to Minute Man National Park, guided tours of Boston, Lexington and Concord and more! Learn and experience the history of these three cities and create your own new memories. For even more details of this all-inclusive trip contact Staunton Parks and Recreation at (540) 332-3945. *This 6-day, 5-night trip will take place October 17-22. Price: \$850 (includes transportation, 8 meals, tours, lodging and more). Register by: June 16*



OUTDOOR ADVENTURES

Fly Fishing 101

Warm weather is coming so grab your gear and get ready to fish. This class will introduce the basics of fly-fishing including casting, knot tying, and angling techniques. Each class will consist of classroom learning, hands-on casting, and being able to assess fish habitats and which fly will be most effective. The final class will involve stream side fishing at Lake Tams in Gypsy Hill Park. All necessary equipment will be provided but bringing your own is encouraged. Each participant is responsible for acquiring a fishing license with a trout stamp. Ages 15+. Instructor: Teri Beasley. *MHPC, 6pm-7:15pm, four Thursdays beginning April 4. Price: \$50. Register by: March 28*

Beginner Rock Climbing and Rappelling

Enjoy a full day of learning to climb, belay and rappel in the George Washington National Forest. Let WILD GUYde Adventures lead you on an outdoor adventure! This experience is open to ages 12 and older (children may attend unaccompanied, but their transportation must be provided by a parent or guardian); all technical gear is provided; a personal suggested clothing list and a Medical Form/Participation Agreement will be supplied after registration. *Location: George Washington National Forest, 9am-5pm, Saturday, April 13. Price: \$72/person. Register by: April 3*

Beginner Wild Caving Bridgewater, Va

An afternoon of learning basic caving safety, underground navigation, and some elementary limestone geology; ages 12 and older (children and teens may attend unaccompanied, but their transportation must be provided by a parent or guardian); all technical gear is provided; a personal suggested clothing list, Medical Form/Participant Agreement, and driving directions to the activity meetup will be supplied by WILD GUYde Adventures after registration; *Saturday, February 24, 8:30am to noon. Price: \$36/person. Register by: February 14*

School's Out, Trip's On - Spring Break

This class will meet at Montgomery Hall Park Upper Pavilion in Staunton, VA for drop-off (8 am) and pickup (5 pm.) Vivid Earth provides all equipment necessary. Participants should bring a packed lunch each day. Vivid Earth will provide snacks during the day. You will receive a packing list and forms upon registration. If you have any questions, please reach out to Casey Tucker at info@vividearthadventures.com. *Ages 11-15. Week of School Spring Break. 8am-5pm. Price: \$77 per day. Register one-week in advance..*

March 25 Rock Climbing

March 26 Canoeing

March 27 Hiking

March 28 Canoeing

March 29 Caving



GOLF

**WE WELCOME ALL VISITORS TO PLAY
AT GYPSY HILL GOLF COURSE:**

FEES

- 18 hole cart fee: \$15
- 18 hole green fee: \$15 Monday through Thursday, \$20 Friday through Sunday
- 9 hole cart fee (1-7, 13&14): \$10
- 9 hole green fee (1-7, 13&14): \$10
- Monday through Thursday after 2pm: \$20 includes cart and green fee or \$10 green fee only
- Monday through Thursday after 5pm: \$15 includes cart and green fee or \$10 green fee only
- Friday through Sunday after 2pm: \$25 includes cart and green fee
- VSGA rate (only 4 plays annually) Monday through Thursday after 10am: \$25
- VSGA rate (only 4 plays annually) Friday through Sunday after 12pm: \$25

MEMBERSHIP RATES

- Adult member fee: \$450
- All-inclusive member plan: \$1400
- Junior member fee (17 and under): \$100
- Cart Plan \$950

WINTER HOURS: 9am - 4pm Sunday through Saturday

SPRING HOURS: 8am - 5pm Sunday through Saturday

Wesley Allred, PGA

Lessons by appointment only

Adults one hour lesson: \$50

Seniors one hour lesson: \$40

Juniors one hour lesson: \$25

Playing lessons: \$80

Gypsy Hill Golf Course offers an easy online tee time booking platform. No need to call the shop, just book online at gypsyhillgolfcourse.com.

Gypsy Hill Golf Course is an official First Tee site. To register for classes, go to thefirstteeharrisonburgva@gmail.com or simply call 540-437-4239 to register.

Gypsy Hill Golf Course Tournament Schedule for 2024

MARCH 23	Ice Breaker 3 best ball of 4 9am shotgun start
MARCH 25-27	Spiking Greens
APRIL 20-21	Member-Member Texas Scramble, 8:30am shotgun start
APRIL 27	Eagles Tournament, 9am shotgun
MAY 4-5	Dave Miller Memorial 8:30am shotgun both days
MAY 11	Staunton High Boosters 4person captain's choice, 9am shotgun
MAY 18	VDOT Tournament 4person captain's choice, 8:30am shotgun
JUNE 8-9	N.L. Deaver Team Championship 2person captain's choice 8am Shotgun both days
JUNE 15	Staunton, Waynesboro and Augusta Boys and Girls Club Tourney Shotgun, 8am and 1pm
JULY 13-14	Gypsy Hill 2person Team Championship, 8am shotgun
AUGUST 10-11	Gypsy Hill Club Championship 8am Shotgun Saturday and Sunday
SEPTEMBER 21-22	The Shootout 2person captain's choice, 9am shotgun
SEPTEMBER 23-25	Spiking Greens
NOVEMBER 16	Turkey Tournament, 10am shotgun
DECEMBER 14	Christmas Bowl, 10am shotgun



GYPSY HILL
EST. 1919



PGA

REGISTRATION



ONLINE REGISTRATION

www.staunton.va.us/recreation

MAIL-IN REGISTRATION

NAME _____ Date of Birth _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE AM/PM _____ EMAIL _____

EMERGENCY CONTACT _____

EMERGENCY CONTACT ADDRESS _____

Program/Class/Trip _____ Program Date/Time _____ \$ Price _____

Program/Class/Trip _____ Program Date/Time _____ \$ Price _____

Program/Class/Trip _____ Program Date/Time _____ \$ Price _____

Program/Class/Trip _____ Program Date/Time _____ \$ Price _____

Program/Class/Trip Total (Do not include materials fee) _____

Adults (Over 55) 10% Discount (excludes trip & special event prices) _____

Non-City Residents Fee add \$2.00 per program/class/trip per person _____

Total sent: _____

Travel Policy:

All trips are to be paid in full when signing up unless another specific option is available where a minimum of 50% deposit is required for each person. Once a payment is received from a patron they are considered to have an official spot on the trip if there is available space. All patrons understand that there is a no refund policy in effect unless the Recreation department decides to cancel a trip. It is at the Recreation department's discretion on the cancellation of trips and most will be done in a timely manner. In some extreme cases such as death or serious medical conditions a refund may be available to a patron of a trip minus any expense the Recreation department may incur. Name changing fees may occur on trips involving plane flights. In cases regarding deposits; if the balance isn't paid by the deadline, patron may lose full deposit and spot on the trip.

Before registration form is complete, you will be required to sign and date on the reverse side of this form that you have read, understand and accept this addition to our registration process. If registering for a trip, please list EMERGENCY CONTACT (name, address, and phone number).

WALK-IN: Irene Givens Admin Building - Montgomery Hall Park
1000 Montgomery Ave - Staunton, VA 24401

MAIL-IN: Mail your completed registration form & check to:
Staunton Parks & Recreation Department - PO Box 58 - Staunton, VA 24402-0058

www.staunton.va.us/recreation - www.facebook.com/StauntonRecreationParks

PARENT'S AND PARTICIPANT'S INFORMED CONSENT, AUTHORIZATION, AND RELEASE

(This is a legal document. Read carefully before signing.)

To the fullest extent permitted by law, in consideration of the person noted below being allowed to participate, with each and all person/s acknowledging the opportunity to ask questions, be aware and receive full information, understanding and give voluntary consent regarding the potential risks in any physical or other activity/ies involved generally and particularly and inherently in parks and/or recreation programs, including those inherent related to a trip or travel, the undersigned individual/s **VOLUNTARILY AND UNCONDITIONALLY** on behalf of the undersigned and as well as by the participant personally, if the participant is at least 18 years of age, and for successors in interest AGREE that the undersigned:

- **ASSUMES ALL RISKS**, and
- **FOREVER WAIVE/S AND RELEASE/S** the City of Staunton, its departments and agencies, officials, employees, agents, representatives and volunteers (individually and collectively the "City") from any claims and liability of any nature whatsoever, for **ANY KIND OF PERSONAL INJURY, ILLNESS, DEATH, EXPENSE, COST, AND DAMAGES** except those not subject to waiver or release under the law, and
- **FOREVER WAIVE/S AND RELEASE/S** ALL **PROPERTY DAMAGE**, LOSS AND/OR DAMAGES that may relate, directly or indirectly, to the program and activity/ies connected with the City in any aspect of it/them at any time and at any place whether before, during or afterwards, and
- **FOREVER AUTHORIZE/S** the City to seek and obtain **CARE, MEDICAL ATTENTION AND TREATMENT** of any kind for the participant whether the treatment occurs without knowledge of the quality of care or treatment provider or facility, and **ACCEPTS FULL RESPONSIBILITY AND LIABILITY FOR ANY CHARGES OR EXPENSES AND/OR COSTS** incurred or related to such care and treatment, including EXPENSE related to transportation or early return home, whether or not it is covered by any insurance policy, plan or program or agreement of any kind.

* Pursuant to the City's Travel Policy (See Reverse Side), which is incorporated by reference and may be changed at any time, once payment is made for the program or activity, including any required deposit or payment in full, there is NO REFUND unless an authorized City person cancels the trip entirely, with such a decision being within the sole discretion of the City. TIME IS OF THE ESSENCE in making any payment by the designated time. The failure to make timely payment strictly as specified completely waives the opportunity to participate in the program or activity without further notice.

Each provision of this document is separable, and each such provision, including each clause, stands on its own. The City does not waive and expressly preserves any immunity of any kind as allowed by law.

Participant Signature: _____

Emergency Contact: _____

Witness _____

Date: _____

If participant is a minor under the age of 18

Participant Name: _____ Date of Birth: _____

Parent/Guardian Name/s: _____

Parent/Guardian Signature/s: _____

INFORMATION

Our Mission:

To provide a variety of quality leisure opportunities for the purpose of improving Stauntonian's quality of life via well maintained historic parks housing superior facilities paired with innovative recreation programs, athletic leagues, trips, and outstanding child-minding programs.

Our Parks and Recreation Brochure

This publication is our way to directly connect with the citizens of Staunton and share our most current listing of recreational offerings. This includes enrichment programming, trips, special events, childcare, athletic leagues, Gypsy Hill Golf information, park and project updates.

Brochure Schedule:

BROCHURE CYCLE

Winter/Spring covers January-April

Summer covers May-August

Fall covers September-December

DISTRIBUTION DATES

Beginning of January

End of April

End of August

Ways to Register

Online, by mail or in person at 1000 Montgomery Hall Avenue, Staunton VA 24401

Online Registration

Visit our new and improved city website to register for classes, trips, and leagues through our new software system. Individuals must create a customer profile on the portal which will allow for easy access and a simple, customer friendly experience! www.staunton.va.us/recreation

Register by mail:

Send a completed registration form to:

Staunton Parks and Recreation
PO Box 58
Staunton, VA 24402-0058

Early Registration

Whether or not we can hold a class usually depends on the number of registered program participants we have by a certain deadline. Please register soon and early to avoid having to cancel a program or workshop.

Office Information:

1000 Montgomery Avenue
Staunton, VA 24401

Monday through Friday, 8am-5pm
Main office: 540.332.3945
Weather cancellation line: 540.332.3947
Fax: 540.332.3983
Park Maintenance: 540.332.3945
Gypsy Hill Golf Shop: 540.332.3949

Overnight Travel Policy

All trips are to be paid in full when signing up unless another specific option is available where a minimum of 50% deposit is required for each person. Once a payment is received from a patron they are considered to have an official spot on the trip if there is space available. All patrons understand that there is a no refund policy in effect unless the Recreation Department decides to cancel a trip. It is at the Recreation Department's discretion on the cancellation of trips and most will be done in a timely manner. In some extreme cases such as death or serious medical conditions a refund may be available to a patron of a trip minus any expenses the Recreation Department may incur. Name changing fees may occur on trips involving plane flights. In cases regarding deposits: if the balance isn't paid by the deadline, patron may lose full deposit and spot on the trip. Before registration form is complete, you will be required to sign (above check in lieu of signature) that you have read, understand and accept this addition to our registration process.

Program and Day Trip Refund Policy

In the case of a cancellation by Parks and Recreation staff, the refund will be issued in the form of a check through the City's Finance Department. Check will be mailed to the address on file. Please allow a minimum of 2-3 weeks for refunds by check.

No refunds or credits will be given for any program or activity sessions missed by the participant.

If adequate advance notice is provided, we will refund the full amount of the program less any non-recoverable expenses, as listed below. If there is a waiting list and we are able to fill your spot on a day-trip or in a program, you will receive a full refund.

General Program or One-Day Trip: Full refund prior to the registration deadline, less any non-recoverable expenses (pre-paid meals, lodging, tickets, etc.)

If adequate advance notice prior to the registration deadline is not given, and your space cannot be filled, all fees are forfeited.

Inclusion Statement

It is the goal of Staunton Parks and Recreation to create an inclusive and welcoming environment for all individuals of all abilities who wish to participate in recreational activities and programs and experience the benefits and opportunities provided through the services offered by Staunton Parks and Recreation.

Staunton Parks and Recreation will accommodate any reasonable request to assist people with disabilities and special needs and support various learning styles. Individuals who require additional support are encouraged to complete the Accommodation Request Form two weeks in advance of the program or activity in which they plan to participate, to assist Parks and Recreation staff in its efforts to create a positive recreation experience for the participant. For questions, please call 540.332.3945. The Accommodation Request form can be found here: www.staunton.va.us/Accommodation.

Notice and Prohibition Against Discrimination

The City of Staunton is committed to equal opportunity and compliance otherwise with all nondiscrimination laws. The City of Staunton is an inclusive locality and environment.

The City of Staunton does not discriminate and prohibits unlawful discrimination and harassment against any person on the basis of race, creed, religion or religious belief, color, ethnicity, national origin, ancestry, age, sex or gender, sexual orientation, disability, military or veteran status or on any unlawful basis.

No qualified person on the basis of disability will, on the basis of disability, be denied the benefits of local government services, programs, or activities. If any person has a disability or otherwise needs special consideration, the City welcomes contact and will provide information and address special needs in compliance with the law.

Any unlawful discrimination should be reported immediately to any City-designated person and any City department director, or to the City Manager or designee, or to any member of the Staunton City Council. Such discrimination also may be reported to any state or federal agency which is responsible for compliance with nondiscrimination laws, such as the U.S. Justice Department, the Equal Employment Opportunity Commission, or any other federal or state agency with jurisdiction.

The City of Staunton also prohibits unlawful retaliation against any person who files a report or complaint about discrimination.

To contact the City Manager's office to report any unlawful discrimination or retaliation or to request special arrangements because of disability, please call 540.332.3814.





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Need A Summer Job?

Each year Staunton Parks and Recreation hires multiple seasonal positions for the community pools, park maintenance, and summer camp. If you are interested in working for Staunton Parks and Recreation this summer as a lifeguard, pool staff, summer camp counselor, or helping maintain the parks then give us a call at the recreation office at 540.332.3945.



POSTAL PATRON

STAUNTON PARKS & RECREATION

Admin Building Montgomery Hall Park • 1000 Montgomery Ave • Staunton, VA 24401 • 540.332.3945 • staunton.va.us/recreation



Boston, Salem, & Cape Ann

Historic sites, museums, amazing tours, eight meals, transportation, lodging and so much more! This isn't just your ordinary trip; this is the vacation you've always wanted. Join us as we explore three great cities (Boston, Salem and Cape Ann). Our travels will include visits to the JFK Library and Museum, a stop at the Famous Faneuil Hall Marketplace, a journey to Minute Man National Park, guided tours of Boston, Lexington and Concord and more! Learn and experience the history of these three cities and create your own new memories.

details on page 13