



50TH

ANNIVERSARY

STAUNTONTM

PARKS & RECREATION

ACTIVITY GUIDE
Fall 2022



Pumpkin Float • American Red Cross First Aid/CPR/AED • Toddler Open Gym
American Shakespeare Center Drama Club • Christmas Shopping

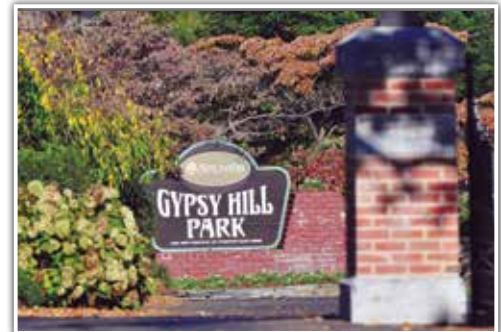


Gypsy Hill Park Gateway and Interpretive Signs Project

The Gypsy Hill Park Gateway and Interpretive Signs project was a multi-year effort from conception to completion. In 2018, interested citizens formed the Gypsy Hill Park Gateway Restoration Committee to create and implement a plan and raise funds for upgrading various elements at the park entrance. This committee worked alongside Staunton Parks and Recreation and Frazier Associates architecture and planning firm to complete the following improvements:

- Installation of a major new gateway sign
- Restoration of the existing gates and brick piers designed by famous local architect, the late T. J. Collins
- Reconstruction of the wood shingled, peaked roofs of three historic spring boxes
- Installation of historically-styled street lights
- Repairs and repainting of the Garden Center
- Installation of interpretive signs about Gypsy Hill Park

The completed project is an accomplishment we are proud of and something that the Staunton community and parkgoers will be able to enjoy for many years to come. If you haven't visited Gypsy Hill Park in a while, take some time to check out the updated entrance and interpretive sign gallery located in a new beautifully landscaped plaza near the main park entrance that stays true to its historical past.



Staunton Parks & Recreation

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Building Codes

MHP– Montgomery Hall Park, MHPC– Montgomery Hall Park Conference Room, MHPA– Montgomery Hall Park Activity Room, GHPG– Gypsy Hill Park Gym, GHPGC– Gypsy Hill Park Garden Center, NSC– Nelson Street Center, BTWCC– Booker T. Washington Community Center

Seeking Referees

Our success is because of you! Staunton Parks and Recreation needs new members to join our referee and umpire teams for our Fall Leagues. Please contact Ken by email at jacobsenkl@ci.staunton.va.us or call 540.332.3945.

Register Online

Registering for programs has never been easier.
Go to www.ci.staunton.va.us/departments/parks-recreation and click "Register For Activities"



See page 16 for registration info.

Event & Weather Cancellation Line

540.332.3947

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Various photos throughout by Phocus Photography Services





Community Events

Scarecrows in the Park

Saturday, September 24, 9am–noon, Gypsy Hill Park Pool
Crows beware! Kids, Parents, Families and Groups...everyone is welcome to join Staunton Parks and Recreation's 4th Annual Scarecrows in the Park Build Off. The family friendly event will be on Saturday, September 24th from 9am-Noon in Gypsy Hill Park. We will provide all the straw you need to build the scarecrow of your imagination. Bring clothing and whatever accessories you wish to build and decorate your scarecrow! But there is more! Your scarecrow will be presented in the park during the Month of October for all to visit. Scarecrow must be able to be attached to a provided post. There is even more good news...it's FREE! For more information call Staunton Parks and Recreation: 540.332.3945

Horticulture Fall Plant Giveaway

Thursday, October 6, 4:15pm–6pm
Location: Gypsy Hill Park, at the far end of the large parking lot for the football stadium & Moxie field, near the entrance to the Parks Maintenance Shop.

WHAT WILL BE AVAILABLE: A mix of annuals & tropical plants from our summer displays including, Elephant Ears, Cannas, and other leftover plants.

HOW IT WORKS: This year we will continue the "raffle" system of drawing for plants. Plants will be laid out by 4:15pm so you can preview what is available. Ticket distribution begins at 4:15pm, one per participant. At 5pm we draw tickets for plants which will be distributed in lots as winners are drawn. This spreads the plants to as many participants as possible. This event is open to all at no cost. Rain or Shine. Not everything in the city flower beds is available at the giveaway. *Questions: Contact Matthew Sensabaugh, City Horticulturist, 540.332.3706 ext 4174*



Veterans Fishing Derby

Saturday, October 8, 8am–11am, Lake Tams in Gypsy Hill Park
Co-sponsored by the Veterans of Foreign Wars (VFW) and Staunton Parks and Recreation

Open to military veterans or active duty military and their immediate family members (spouses, children and grandchildren). The veteran sponsor will register for their family and should show proof of veteran status. Prizes awarded in various categories. FREE on-site registration begins at 7:30am. Children ages 15 and under do not require a fishing license. Persons age 16 & up require a fishing license and trout stamp.





Inaugural Wheels for Wilson Bike-A-Thon

Saturday, October 22, 7:30am at Gypsy Hill Park

When has taking a bike ride meant so much? Young and old alike are invited to join us on a ride that will make a difference for students and adults in our community who are seeking to continue their education! Bring your bike over to Staunton's Gypsy Hill Park for the first annual WHEELS FOR WILSON BIKE-A-THON beginning at 7:30am. Bikers will enjoy a great morning of riding laps around beautiful Gypsy Hill Park and sharing their journey with other bike riders for a great cause. Rita S. Wilson loved Staunton. She served it in many roles with a strong passion for the city and its citizens. Now you can help our community members too with a few simple laps. Proceeds for WHEELS FOR WILSON BIKE-A-THON will support the Rita S. Wilson Scholarship Award. This award has provided students educational scholarships to chase their dreams and create opportunities. Join us! Take a ride and help make a difference! *For more information call Staunton Parks and Recreation at (540) 332-3945.*

First Annual Pumpkin Float

Saturday, October 29, 5pm-8pm at Lake Tams in Gypsy Hill Park

Bring the entire family to our first annual Fall Pumpkin Float at Lake Tams featuring floating pumpkins, costume contest, luminaries and fun family activities. Refreshments, music and child-focused activities will make this a frightfully-fun way to celebrate Halloween! Bring your carved pumpkin to the drop-off tent alongside the lake. We will provide the rafts as well as the light. Your pumpkin must be 8lbs or less to float. You may carve your pumpkin with a face, polka dots, your initials, or any other design - just make sure it's family friendly. To reserve a raft, you must register online or in-person. The fee is \$2 per raft, families can reserve as many as they would like. Pumpkins will not be returned to families after the event, they will be composted.



Celebration of Holiday Lights

November 21-January 1, 2023, 5pm-11pm Gypsy Hill Park

Gypsy Hill Park will again be glowing with beautiful Holiday light displays from November 21 through January 1, 2023. In 2021, 80+ displays were "growing and glowing" announcing the birth of Jesus. Each year there are more participants bringing to this wonderful community, colorful holiday scenes that are all created uniquely by individuals, families, organizations, businesses and churches from Staunton, Waynesboro, Augusta County and surrounding areas. Power is available only in certain areas of the park and space assignments are made accordingly. Your display must have a '2x3' sign, identifying your family, individual, organization, business or church. As we continue to grow, fewer spaces are available. The committee invites all interested individuals, groups, churches and businesses to join the 2022 event, by placing a display that will be enjoyed by over 32,000 vehicles traveling the park. *For more information on participating, please contact Angel Cooper at 540.886.8660 or angelcooper@hotmail.com or Thelma Newman at 540-886-3040. Applications available online at celebrationofholidaylights.org*

Field of Deer

November 21-January 1, 2023, 5pm-11pm Gypsy Hill Park

The display of decorative holiday deer (part of the Celebration of Holiday Lights) is placed inside the fence at the Gypsy Hill Park Pool in tribute of someone living, in memory of a loved one, or "just because". Registration forms can be downloaded online at www.celebrationoflights.org and click on "Field of Deer Application Form". There is no fee for displaying deer; however, if you wish to purchase a plaque for the "Tribute Board" with your loved one's name, there is a one-time charge of \$10/name. Previously purchased tribute plaques are displayed each year, and purchasing a plaque is not mandatory for the displaying of deer. Deer will be placed randomly in the pool area at the discretion of the committee. There will be volunteer help from local Boy Scout Troop 33. *For more information, please contact Scott Eaton at eatonls@jmu.edu*



Golf



FEES

We welcome all visitors to play at Gypsy Hill Golf Course:

- 18 hole cart fee: \$15
- 18 hole green fee: \$15 Monday through Thursday, \$20 Friday through Sunday
- 9 hole cart fee (1-7, 13&14): \$10
- 9 hole green fee (1-7, 13&14): \$10
- Monday through Thursday after 5 p.m.: \$15 includes cart and green fee or \$10 green fee only
- Friday through Sunday after 2 p.m.: \$25 includes cart and green fee
- VSGA rate seven days a week after 10 a.m.: only 4 plays annually \$25 MEMBERSHIP RATES:
- Adult member fee: \$450
- All-inclusive member plan: \$1400
- Junior member fee (12-17 yrs): \$100



GYPSY HILL
EST. 1919

GOLF PRO LESSON RATES

Adult one-hour lesson: \$40
Senior one-hour lesson: \$30
Junior one-hour lesson: \$20

FALL HOURS

8am-5pm Sunday through Saturday

FALL TOURNAMENT SCHEDULE:

- SEPTEMBER 10-11** ELKS TOURNAMENT, 9AM SHOTGUN
- SEPTEMBER 17-18** THE SHOOTOUT, 2 PERSON CAPTAINS CHOICE, 9AM BOTH DAYS
DAY 1 AT GYPSY HILL, DAY 2 TBA
- SEPTEMBER 24** STATE EAGLES TOURNEY, 9AM SHOTGUN START
- NOVEMBER 19** THE ANNUAL TURKEY TOURNEY, 9AM SHOTGUN START
4 PERSON CAPTAINS CHOICE OPEN TO ALL GOLFERS
- DECEMBER 10** THE ANNUAL CHRISTMAS TOURNEY, 9AM SHOTGUN START
4 PERSON CAPTAINS CHOICE OPEN TO ALL GOLFERS



Athletics

Men's Fall Softball League

Let's Play Ball! Don't let your softball season come to an end, join us for another exciting season of softball. League is open to teams consisting of players 16+ years of age to compete in Men's slow pitch softball at Montgomery Hall Park. League will consist of a minimum of 10 regular-season games followed by a post-season tournament. *Game nights will be on Mondays and Wednesdays beginning August 22. League fee is \$250. Deadline to register is August 12.*

Co-ed Fall Softball League

Batter Up! Co-Ed Fall Softball is back! Grab your bat bag and glove and meet us at the ball park! League play will begin on August 23. Game nights will be on Tuesday and Thursday nights at Montgomery Hall Park. Three (3) ladies required on the field. League fee will be \$250. Teams will be guaranteed a minimum of 10 games over the six-week season. *Deadline to register is August 15. Once you register, you will receive a team roster that must be completed by opening day!*

Fall Co-ed Soccer League Soccer

Fans unite! Don't let the soccer season come to an end just yet. Join us for our Fall league. The league is open to anyone 16 years and up to participate in 7 vs. 7 soccer to be played at the Montgomery Hall Park Soccer Complex. Games will be played on Tuesdays, Thursdays, and Sundays. Rosters are limited to 15 players any combination of male/female players. *League fee is \$380 per team. Jerseys will be provided. Deadline is August 20 to enter, league will start August 30.*

Co-Ed Indoor Futsal League

End of the year and too cold to play soccer outside? Join us for the fast-paced action of Indoor Futsal this winter. Our co-ed Futsal League is open to any player aged 16+ for 5 vs. 5 action! Games will take place on Tuesday and Thursday nights at the Gypsy Hill Park Gym. Rosters are limited to 10 players. *Price is \$340 per team with a minimum of 8 players per team. Registration deadline is November 11.*

Seeking Referees

Our success is because of you! Staunton Parks and Recreation needs new members to join our referee and umpire teams for our Fall Leagues. Please contact Ken by email at jacobsenkl@ci.staunton.va.us or call 540.332.3945.



Toddler/Pre-k

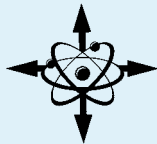


Explorers Club

Who wants to have some fun? Join the Explorers Club for a variety of new experiences, visiting exciting sites or having a great outdoor adventure. Let your child become a young adventurer with monthly journeys to a variety of locations.

The Explorers Club will have planned trips from July thru November. Ages 5 and under (parents must remain present on all adventures). Trips held 10am-noon on the third Friday of each month. N8021-16 Price: \$10 for the season. Register anytime!

EXPLORERS



Toddler/Pre-K Open Gym

As the weather cools down and the snow begins to fall, we find ourselves cooped up with not many options to run and play. Join us Wednesday mornings at the Gypsy Hill Park Gymnasium. We will have balls, toys, and games available for little ones, as well as plenty of open space for running and being silly. Parent/guardian must remain present with their children. Ages 5 and under. *GHPG, 9:30am-11:30am, Wednesdays November to March. Starts on November 2. Price: \$3/child each visit. *Please note: this program will be unavailable on the fourth Wednesday of every month.*



Handprints

Handprints is a child-centered art program where our youngest artists are free to explore and be creative. Children will enjoy a variety of materials and techniques at their own pace: play dough, easel painting, and a special project each week. Emphasis will be on the imaginative process and not the final product, building essential cognitive skills along the way. Best of all we supply everything you and your child need and take care of all the cleanup. Instructor Samantha Campbell is a Shenandoah Valley native and dedicated early childhood educator with over 10 years of experience. She has a passion for nurturing creativity in children and the arts. *N84-171-3 NSC, 9:30am-10:30am, Ages 2-5 (with adult), Six Wednesdays beginning October 5. There will be no class on October 26. Price: \$32. Register by: September 30*



MUSIC

Molly's Musikgarten

Family Music for Babies and Toddlers

Designed for the whole family, these weekly classes help you learn how to play musically with your little one through activities that bridge the natural connection between music and movement. Together we sing, chant, move, dance, listen, and play simple instruments all through one of the four wonder-filled semesters. Enjoy the wonderful lessons that include Dance with Me, Sing with Me, Play with Me, and Clap with Me. Each lesson features movement activities for coordination, body awareness and control, exploration of space. Instruments such as rhythm sticks, jingles, rattles, drums and resonator bars will be introduced. Instructor: Molly Murphy. *Outdoor at GHP Bandstand/NSC 11am-11:30am, Ten Thursdays beginning September 8. (An additional \$40 due for supplies on first day). Ages Birth-3yrs. Register by: September 2*

K8032-19 (Fall Session) 10 weeks beginning Sept. 8. Price: \$150

K8032-21 (Winter Session) 8 weeks beginning Dec. 1. Price: \$120

Molly's Musikgarten

Family Music for Preschoolers-First Grade

This class is developed to build your child's attention and self-expression through singing, chanting, moving, focused listening, musical games, exploring musical instruments, creative movement, and storytelling. This family class will nurture your growing child's ability to use language and participate in dramatic play with a musical context. Fun family packets, along with rhythm sticks, a Musikgarten rattle, or colorful scarf will increase family movement to the learning process you can share in class or at home. Instructor: Molly Murphy. *Outdoor at GHP Bandstand/NSC 3:30pm-4pm, Ten Thursdays beginning September 8. (An additional \$40 due for supplies on first day). Ages 4-6. Register by: September 2*

K8032-20 (Fall Session) 10 weeks beginning Sept. 8. Price: \$150

K8032-22 (Winter Session) 8 weeks beginning Dec. 1. Price: \$120



Youth/Teen

CULINARY CREATIONS

Healthy Baking

Commercial and processed baked goods can be laden with unhealthy and unnatural ingredients. Measure, Mix and Roll in our toasty warm kitchen. In this baking class, students will learn to make some delicious goodies using whole foods and healthier ingredients. Ages 5-12. Instructor: Terri Campbell of Campbell Cooking Creations. *N7185-1-1, 6pm-7:30pm, January 12. Price: \$18. Register by: December 30*

No Sugar Halloween Treats

You'll go batty over this fun and exciting No Sugar Halloween Cooking Class. Sugar on food labels are often disguised under different names. We will unmask these spooky culprits and learn how to recognize added sugars. Ages 5-12. Instructor: Terri Campbell of Campbell Cooking Creations. *N725-10-1 MHPK, 6pm-7:30pm, Thursday, October 20. Price: \$18. Register by: October 7*

Thanksgiving Cooking

Thanksgiving meals can be laden with excessive unhealthy ingredients. But what if we can take the traditional holiday meal and turn it into a great tasting, nutrition-packed powerhouse sure to please your taste buds? Students will prepare 3-4 recipes and take home a packet of healthy Thanksgiving recipes to make at home. Ages 5-12. Instructor: Terri Campbell of Campbell Cooking Creations. *N730-11-1, 6pm-7:30pm, Thursday, November 17. Price: \$18. Register by: November 4*

Healthy Holiday Treats

Tis the season! We love holiday treats especially when made with wholesome ingredients. This fun class will turn some of your holiday favorites into HEALTHY holiday favorites! Ages 5-12. Instructor: Terri Campbell of Campbell Cooking Creations. *N730-11-1, 6pm-7:30pm, December 15. Price: \$18. Register by: December 2*

American Shakespeare Center Drama Club

Join the American Shakespeare Center Drama Club to build confidence and expand creativity with the ultimate team sport: theatre. The ASC Drama Club's 12-week class will explore Shakespeare's language and stagecraft through play, culminating in a final performance of an original, abridged Shakespeare play at the Blackfriars Playhouse on Saturday, December 3. Included in the cost of the ASC Drama Club is a ticket for each participant to join the group on a field trip to see *The Tempest* at the American Shakespeare Center. Instructor: Lia Wallace of American Shakespeare Center. Ages 8-15. *K7078-16 NSC, 1pm-3pm, 12 Sundays beginning September 11. Price: \$175. For more information, contact Lia Wallace at lia.wallace@americanshakespearecenter.com or by phone at 540.885-5588 ext. 110. Register by: September 7*

ARTS AND CRAFTS

Fairy Garden Workshop

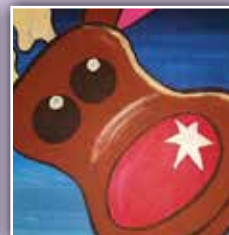
Come join us to create your very own unique Fairy Garden. All you need is a little imagination and we will supply the rest. During this two-hour workshop, we will help guide you in designing a fun and exciting miniature landscape. This is a great program for parent (or grandparent!) and child to enjoy creating a relaxing retreat for your magical creatures. Cost includes one garden and all supplies. Ages 7-12. Instructor: Nicole Kozikowski *N7189-11-1, GHPGC, 10am-12pm, Saturday, November 5. Price: \$22. (Only register your child- not yourself) Price includes one fairy garden per adult/child duo. Register by: October 28*

Personalized Christmas Ornaments

Merry Christmas! It's never too early to begin your holiday planning. What better way to get in the spirit then to create your very own holiday Christmas ornaments to hang on the tree or to be the perfect family gift! A simple class for children (and their Grownups are welcome too) to put their personal touch on three different types of hand-crafted ornaments they will cherish for years to come. Each participant will take home three personalized ornaments sure to highlight your holiday decorations. Ages 3-12. Instructor: Nicole Kozikowski *N8184-12-1, MHPA, 10am-12pm, Saturday, December 10. Price: \$22. Register by: November 23*

Kids 'N Canvas

Paint Party Fun is here! The wait is over for children aged 7-12 to use their imagination, have fun and laugh as they create their very own work of art! No experience needed as our Gallery on the Go guide will lead our young artist with simple to follow step-by-step instructions to complete their own personal paintings. Remember this is not a painting class...it's a paint party! So come enjoy the fun! Instructor: Kathleen Garcia. *GHPGC 4-6pm. Price: \$20 per class*
K7170-04 Thursday, October 13 - Azucar Del Gato (register by Oct. 7)
K7170-05 Thursday, November 10 - Hey Pumpkin (register by Nov. 4)
K7170-06 Thursday, December 15 - It Glows (register by Dec. 9)



Youth Buti Yoga Class

This class is for toning the entire body while facilitating complete inner transformation to help participants gain a deeper understanding of their needs as they relate to dealing with mental and emotional health while promoting active movement and good nutrition. Participants will learn asanas, breathwork, and mindfulness to help alleviate these symptoms. This specific yoga is delivered in a HIIT format and is very fast paced with loud music, drumming and shaking- no time for teens to lose interest- too much going on at once! Come prepared to release stored tension, sweat, let go of control, and breath! New participants will need to complete a beginner's workshop as part of this class. They will learn about balancing mental and emotional health with physical activity and good nutrition to fuel their bodies for this high intensity practice. Instructor, Jessica Weinstock, Buti Master Trainee and Certified Fitness Nutritionist, Ages 13-17. *N7183-3, Six Tuesdays. Buti Yoga workshop October 25 (5-7pm), Class dates next five Tuesdays (5-6pm) beginning November 1. Price: \$54. Register by: September 19*

Chess for Beginners

This is a beginner course to introduce students to the game of chess and build their critical and strategic thinking. Students will learn the rules of chess, basic strategy/ tactics, and develop a love of the game. As both a game and an intellectual exercise, playing chess furthers many important goals, including improving students' concentration, self-discipline, logical thinking, short- and long-range planning, and understanding the consequences of making good and bad decisions. Instructor George Gruner is a former elementary education teacher with over 40 years of working with youth. *N7008-2 MHPA, 4:30pm-5:15pm, Ages 5-8, eight Tuesdays beginning October 6. Price: \$26. Register by: September 30*

Intermediate Chess

This intermediate class will help each student build a stronger foundation in chess. Improve the quality of play by enhancing the students understanding of commonly played openings, gaining the advantage in the middle game, and practicing more complex checkmates. Students will also gain a greater understanding of chess strategy and tactics. Prepare for your first tournament. Ages 8-18 or younger if the student has completed a previous chess class or with the permission of the instructor. Instructor George Gruner is a former elementary education teacher with over 40 years of experience teaching youth. *N7008-2 MHPA, 5pm-6pm. Eight Tuesdays beginning October 6. Price: \$39. Register by: September 30*



Archery Club

This club is designed for youth to participate in a weekly archery program at Montgomery Hall Park. Students will learn archery basics and develop their knowledge and skills so that they are comfortable shooting bow and arrow, become familiar with archery equipment, and follow safety guidelines on the shooting range. This program is made possible by an equipment loan program through a grant received by the Virginia Department of Game and Inland Fisheries. Ages 8+. Instructor: Liz Hadley

New members

Need to complete the Intro to Archery Workshop on September 12, 4pm-6pm (included in price). Club dates next four Mondays, 4pm-5:15pm, September 29. *K7135- 30 MHP. Price: \$45. Register by: September 6*

Returning Members

To be eligible for this class you must have completed the Intro to Archery Workshop or been a past student. *K7135-31 MHP, 4pm-5:15pm, Four Mondays starting September 19. Price: \$30. Register by: September 6*





Fitness / Wellbeing

Kendo (Monthly)

Kendo (Monthly) Kendo is a modern form of Japanese fencing. It comes from the sword arts of ancient Japan, and is the modern incarnation of a centuries-long evolution. Kendo is more than just learning to fence, it is also about proper discipline and spirit. We use two types of swords, a bokken (wooden sword) or a shinai (bamboo sword). Instructor: John Smitka. *GHPGC, 7pm-9pm, Wednesday. Join monthly sessions beginning 1st Wednesday of each month. Price: \$50/month*
K9036-41 (September Session)
K9036-42 (October Session)
K9036-43 (November Session)
K9036-44 (December Session)

Morning Warmups

This class is great for seniors with tired muscles and as a follow up for physical therapy. Bring hand weights, exercise mats, and resistance bands. Learn chair exercises, healthy eating, and diet tips. Men and women invited! Ages 50+. Instructor: Brenda Powell. *GHPG, Tuesday and Thursday, 9am-10am. Price: \$32 per 12 classes (Price has already been adjusted for senior rate). Join anytime!*
K6031-25 Fall Session begins: September 27
K6031-26 Early Winter begins: November 10

Adult Buti Yoga Class

This class is for toning the entire body while facilitating complete inner transformation to help participants gain a deeper understanding of their needs as they relate to dealing with mental and emotional health while promoting active movement and good nutrition. Participants will learn asanas, breathwork, and mindfulness to help alleviate these symptoms. This specific yoga is delivered in a HIIT format and is very fast paced with loud music, drumming and shaking. Come prepared to release stored tension, sweat, let go of control, and breath! New participants will need to complete a beginner's workshop as part of this class. They will learn about balancing mental and emotional health with physical activity and good nutrition to fuel their bodies for this high intensity practice. Instructor, Jessica Weinstock, Buti Master Trainee and Certified Fitness Nutritionist, Ages 18+.
N7183-4, Six Thursdays. Buti Yoga workshop October 27 (6:30-8:30pm), Class dates next five Thursdays (6:30-7:30pm) beginning November 4. Price \$54. Register: by October 19

Stroller Striders Walking Club

Simple, fun, safe exercise and social support for Mom and Babies. This community-based club is formed specifically for local mothers to get together for a walk with their babies and children in strollers, slings, or carriers. Grab your coffee or favorite morning beverage of choice for a weekly meetup to make new friends, talk about motherhood and parenting topics all while taking a walk around beautiful Gypsy Hill Park with your child. Call Nicole at the Recreation Department at 540.332.3945 for more details. Club will meet at Exercise Park in Gypsy Hill Park on Friday mornings at 9am. *N1167-22 Club begins on March 4. Annual fee: \$15. Register anytime!*



Learn Something New



American Sign Language

This course teaches the basic communication skills in American Sign Language. There will be many hands-on activities and games, discussions, vocabulary development, and conversational skills. Any individual who has had basic or no experience at all may benefit from this course. A fun opportunity to learn a new language in a stress-free environment outside of a classroom!

Ages: 9+. Instructor: Amy Ashworth. *K1052-24 MHPA*, 7:15pm–8:15pm, eight Thursdays beginning September 29. Price: \$65. Register by: September 23

Prominent First Ladies

In the East Wing of the White House, many of history's most impactful and world-changing decisions have been hidden from view, made by America's charismatic, complex and dynamic first ladies. In this course we will investigate and discuss 12 of the most prominent First Ladies who have served our country. Do you know the First Lady who is known as a 18th century feminist? Which First Lady has been referred to as our first female president? The First Lady whose life was influenced by being involved in a fatal car accident? Join us for a fascinating look at some of the women who helped shape our nation. Ages 16+. Instructor George Gruner is a local historian and educator with over 40 years of experience teaching. *N4186-10-1, MHPC*, 6:30pm–8pm, Six Wednesdays, beginning October 5. Price: \$45. Register by: September 30

Get Your Ducks in a Row

The Ducks in a Row workshop helps each person give the gift of planning by getting affairs in order! Participants develop a plan for making decisions, organizing records, and preparing for the future to ensure personal wishes will be met. The workshop includes topics such as wills, medical directives, family memorabilia, and distribution of belongings, as well as plans for funeral, financial and legal matters. Save time, headaches and confusion for your loved ones by getting your Ducks in a Row! Some parents and children attend together! Instructor: Mary Ann Stripling. *K6123-23 MHPC*, 4:30pm–6:30pm, three Tuesdays beginning November 15. Price: \$50. Register by: November 10

Backcountry Navigation Clinic

An afternoon of learning and practicing map and compass skills out in the George Washington Ntl. Forest; for day-hikers, backpackers, mountain bikers, hunters, scout leaders, and anyone else who likes to wander off the beaten path; ages 14 and older (teens may attend unaccompanied, but their transportation must be provided by parent or guardian); A personal clothing list, Medical Form/Participant Agreement, and driving directions to the activity meetup will be provided by WILD GUYde Adventures after registration. *K7047-24 Sunday, October 16*, 1–5pm, Price: \$36. Register by: October 7



**American
Red Cross**

Adult and Pediatric First Aid/CPR/AED-Blended Learning

The Red Cross Adult and Pediatric First Aid/CPR/AED blended learning course equips students to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and infants. It is designed for students who need a certification that satisfies OSHA, workplace or other regulatory requirements. This class is taught in a blended learning format and the online portion (accessed via mobile, desktop or tablet) must be completed prior to attending the Instructor-led skills session. Upon successful completion, a valid 2 year digital certificate for Adult and Pediatric First Aid/CPR/AED is issued. Price: \$80. Ages 15+

*N4187-10-1 Saturday, October 8. 10am–12:30pm
(register by September 26)*

*N4187-10-2 Wednesday, October 26. 6pm–8:30pm
(register by October 12)*

*N4187-11-1 Tuesday, November 8. 6pm–8:30pm
(register by October 25)*

*N4187-11-2 Saturday, November 19. 10am–12:30pm
(register by November 7)*

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Trips





Virginia Beach Neptune Festival

2022 marks the 48th anniversary for the Virginia Beach Neptune Festival! On the boardwalk, you can find over 200 artisans displaying handmade work at the Art & Craft Show that has been ranked 5 out of 200 Fine Art and Design Shows across the country. Or keep walking to find 18 magnificent sand sculptures created by world-renowned international sculptors at Neptune's International Sandsculpting Championship. You can enjoy a concert at festival stages that are scattered along 30 blocks of the boardwalk. We will get you there and you choose. *N5181-10-1 Saturday, October 1st. Depart GHPG 6am; Depart VA Beach 9pm; return 1am. Price: \$84. Register by: September 2*

Hollywood Casino at Charles Town Races

Take a trip to Hollywood Casino in West Virginia and try your luck! *K5015-26 Friday, November 1. Depart GHPG parking lot at 9am; return around 8pm. Price: \$28 (Includes transportation only). Register by: October 21*

SeaQuest

Immerse yourself in a world of discovery as SeaQuest takes you on an adventure through rainforests, deserts and the depths of the seas. With exciting exhibits and activities for families and children of all ages, you'll be able to get wet with the stingrays, feed the toucans, encounter the caimans, marvel at the sharks, take selfies with the snakes and more. Creating an unforgettable experience for every guest by connecting them with all kinds of amazing animals. *K5164-01 Saturday, October 15, 9am-4pm. Price: \$44 Adults, \$39 kids under 12. Includes transportation and admission. Register by: October 6*

Smithsonian Air and Space Museum UDVAR-HAZY CENTER

Not even the sky is the limit at the amazing UDVAR-HAZY CENTER. Explore two enormous hangers displaying thousands of aviation and space artifacts, including a 1903 Wright Brothers Flyer, the Spirit of St. Louis and Lunar Space Modules. Flyers, Planes, Military Jets and even the Space Shuttle Discovery will all be yours to view and enjoy in this incredible Air and Space Museum that will include countless exhibitions, demonstrations and information. You may even want to cap off your day on the observation tower watching planes take off or land at nearby Dulles International Airport. *K5140-6 Saturday, October 29. Depart GHPG at 8am; Return 6pm. Price: \$40. Register by: October 12*

Potomac Mills Shopping

Christmas time shopping can be made easier when you join us for a trip to the bargain hunter's paradise at Potomac Mills. Potomac Mills features over 200 of the best names in retail! *N5101-11-1 Thursday, November 10. Depart GHPG at 7am; return around 8pm. Price: \$28 (includes transportation only). Register by: October 20*

Bizarre Bazaar® and Dinner at Olive Garden

The 47th annual Christmas Collection is back for 2022. This show has four exhibition buildings filled with fabulous unique gifts for everyone on your list! A beautiful holiday marketplace with 500 juried exclusive exhibitors and more than 100 new exhibitors only seen at The Bizarre Bazaar®. We will end our day of shopping with a nice dinner at the Olive Garden in Short Pump. *N5100-12-1 Friday, December 2. Depart GHPG at 8am; return around 8pm. Price: \$30 (Includes transportation and admission). Register by: November 16*

VEGAS BABY! 2023

Las Vegas, NV, April 5-April 8

Fly to Las Vegas on April 5th to enjoy 4 days and 3 nights of nonstop excitement on the world's most famous strip! Take in a show, go see the Grand Canyon, play some desert golf, or gamble 24 hours a day, you choose what you would like to do once you arrive in Vegas. This trip includes shuttle to and from airport, roundtrip airfare, and hotel accommodations at Excalibur Hotel and Casino. *\$750 per person/ based on double occupancy. Reserve your spot with \$400 deposit, final balance due by March 1.*



Outdoor Adventures

A woman is shown from the waist up, rappelling down a dark, textured rock face. She is wearing a white climbing helmet, a bright pink short-sleeved shirt, and a blue and black climbing harness. A blue rope is attached to her harness and extends upwards. She is looking off to the side with a slight smile. The background is the rough, grey rock of the cliff.

Beginner Rock Climbing and Rappelling

Enjoy a full day of learning to climb, belay and rappel in the George Washington National Forest. Let WILD GUYde Adventures lead you on an outdoor adventure! This experience is open to ages 12 and older (children may attend unaccompanied, but their transportation must be provided by a parent or guardian); all technical gear is provided; a personal suggested clothing list and a Medical Form/Participation Agreement will be supplied after registration. *K7047-23 George Washington National Forest, 9am-5pm, Saturday October 1. Price: \$72. Register by: September 23*

Beginner Wild Caving near Franklin WV

An afternoon of learning basic caving safety, underground navigation, and some elementary limestone geology; ages 12 and older (children and teens may attend unaccompanied, but their transportation must be provided by a parent or guardian); all technical gear is provided; a personal suggested clothing list, Medical Form/Participant Agreement, and driving directions to the activity meetup will be supplied by WILD GUYde Adventures after registration; *K7014-18 Sunday, November 13, 1-5pm, Price: \$30 per person. Register by: November 3*

Registration

ONLINE REGISTRATION

www.staunton.va.us/recreation

MAIL-IN REGISTRATION

NAME _____ Date of Birth _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE AM/PM _____ EMAIL _____

EMERGENCY CONTACT _____

EMERGENCY CONTACT ADDRESS _____

Program/Class/Trip _____ Program Date/Time _____ \$ Price _____

Program/Class/Trip _____ Program Date/Time _____ \$ Price _____

Program/Class/Trip _____ Program Date/Time _____ \$ Price _____

Program/Class/Trip _____ Program Date/Time _____ \$ Price _____

Program/Class/Trip Total (Do not include materials fee) _____

Adults (Over 55) 10% Discount (excludes trip & special event prices) _____

Non-City Residents Fee add \$2.00 per program/class/trip per person _____

Total sent: _____

Travel Policy:

All trips are to be paid in full when signing up unless another specific option is available where a minimum of 50% deposit is required for each person. Once a payment is received from a patron they are considered to have an official spot on the trip if there is available space. All patrons understand that there is a no refund policy in effect unless the Recreation department decides to cancel a trip. It is at the Recreation department's discretion on the cancellation of trips and most will be done in a timely manner. In some extreme cases such as death or serious medical conditions a refund may be available to a patron of a trip minus any expense the Recreation department may incur. Name changing fees may occur on trips involving plane flights. In cases regarding deposits; if the balance isn't paid by the deadline, patron may lose full deposit and spot on the trip.

Before registration form is complete, you will be required to sign and date on the reverse side of this form that you have read, understand and accept this addition to our registration process. If registering for a trip, please list EMERGENCY CONTACT (name, address, and phone number).

WALK-IN: Irene Givens Admin Building – Montgomery Hall Park
1000 Montgomery Ave – Staunton, VA 24401

MAIL-IN: Mail your completed registration form & check to:
Staunton Parks & Recreation Department – PO Box 58 – Staunton, VA 24402-0058

www.staunton.va.us/recreation – www.facebook.com/StauntonRecreationParks

Release

GYPSY HILL PARK
Est. 1889

PARENT'S AND PARTICIPANT'S INFORMED CONSENT, AUTHORIZATION, AND RELEASE

(This is a legal document. Read carefully before signing.)

To the fullest extent permitted by law, in consideration of the person noted below being allowed to participate, with each and all person/s acknowledging the opportunity to ask questions, be aware and receive full information, understanding and give voluntary consent regarding the potential risks in any physical or other activity/ies involved generally and particularly and inherently in parks and/or recreation programs, including those inherent related to a trip or travel, the undersigned individual/s VOLUNTARILY AND UNCONDITIONALLY on behalf of the undersigned and as well as by the participant personally, if the participant is at least 18 years of age, and for successors in interest AGREE that the undersigned:

- **ASSUMES ALL RISKS**, and
- **FOREVER WAIVE/S AND RELEASE/S** the City of Staunton, its departments and agencies, officials, employees, agents, representatives and volunteers (individually and collectively the "City") from any claims and liability of any nature whatsoever, for **ANY KIND OF PERSONAL INJURY, ILLNESS, DEATH, EXPENSE, COST, AND DAMAGES** except those not subject to waiver or release under the law, and
- **FOREVER WAIVE/S AND RELEASE/S ALL PROPERTY DAMAGE, LOSS AND/OR DAMAGES** that may relate, directly or indirectly, to the program and activity/ies connected with the City in any aspect of it/them at any time and at any place whether before, during or afterwards, and
- **FOREVER AUTHORIZE/S** the City to seek and obtain **CARE, MEDICAL ATTENTION AND TREATMENT** of any kind for the participant whether the treatment occurs without knowledge of the quality of care or treatment provider or facility, and **ACCEPTS FULL RESPONSIBILITY AND LIABILITY FOR ANY CHARGES OR EXPENSES AND/OR COSTS** incurred or related to such care and treatment, including **EXPENSE** related to transportation or early return home, whether or not it is covered by any insurance policy, plan or program or agreement of any kind.

* Pursuant to the City's Travel Policy (See Reverse Side), which is incorporated by reference and may be changed at any time, once payment is made for the program or activity, including any required deposit or payment in full, there is NO REFUND unless an authorized City person cancels the trip entirely, with such a decision being within the sole discretion of the City. TIME IS OF THE ESSENCE in making any payment by the designated time. The failure to make timely payment strictly as specified completely waives the opportunity to participate in the program or activity without further notice.

Each provision of this document is separable, and each such provision, including each clause, stands on its own. The City does not waive and expressly preserves any immunity of any kind as allowed by law.

Participant Signature: _____

Emergency Contact: _____

Witness: _____

Date: _____

If participant is a minor under the age of 18

Participant Name: _____ **Date of Birth:** _____

Parent/Guardian Name/s: _____

Parent/Guardian Signature/s: _____



Information

Our Mission:

To provide a variety of quality leisure opportunities for the purpose of improving Stauntonian's quality of life via well maintained historic parks housing superior facilities paired with innovative recreation programs, athletic leagues, trips, and outstanding child-minding programs.

Our Parks and Recreation Brochure

This publication is our way to directly connect with the citizens of Staunton and share our most current listing of recreational offerings. This includes enrichment programming, trips, special events, childcare, athletic leagues, Gypsy Hill Golf information, park and project updates.

Brochure Schedule:

BROCHURE CYCLE

Winter/Spring covers January-April

Summer covers May-August

Fall covers September-December

DISTRIBUTION DATES

Beginning of January

End of April

End of August

Ways to Register

Online, by mail or in person at 1000 Montgomery Hall Avenue, Staunton VA 24401

Online Registration

Visit our new and improved city website to register for classes, trips, and leagues through our new software system. Individuals must create a customer profile on the portal which will allow for easy access and a simple, customer friendly experience! www.staunton.va.us/recreation

Register by mail:

Send a completed registration form to:
Staunton Parks and Recreation
PO Box 58
Staunton, VA 24402-0058

Early Registration

Whether or not we can hold a class usually depends on the number of registered program participants we have by a certain deadline. Please register soon and early to avoid having to cancel a program or workshop.

Office Information:

1000 Montgomery Avenue
Staunton, VA 24401

Monday through Friday, 8am-5pm
Main office: 540.332.3945
Weather cancellation line: 540.332.3947
Fax: 540.332.3983
Park Maintenance: 540.332.3945
Gypsy Hill Golf Shop: 540.332.3949

Overnight Travel Policy

All trips are to be paid in full when signing up unless another specific option is available where a minimum of 50% deposit is required for each person. Once a payment is received from a patron they are considered to have an official spot on the trip if there is space available. All patrons understand that there is a no refund policy in effect unless the Recreation Department decides to cancel a trip. It is at the Recreation Department's discretion on the cancellation of trips and most will be done in a timely manner. In some extreme cases such as death or serious medical conditions a refund may be available to a patron of a trip minus any expenses

the Recreation Department may incur. Name changing fees may occur on trips involving plane flights. In cases regarding deposits: if the balance isn't paid by the deadline, patron may lose full deposit and spot on the trip. Before registration form is complete, you will be required to sign (above check in lieu of signature) that you have read, understand and accept this addition to our registration process.

Program and Day Trip Refund Policy

In the case of a cancellation by Parks and Recreation staff, the refund will be issued in the form of a check through the City's Finance Department. Check will be mailed to the address on file. Please allow a minimum of 2-3 weeks for refunds by check.

No refunds or credits will be given for any program or activity sessions missed by the participant.

If adequate advance notice is provided, we will refund the full amount of the program less any non-recoverable expenses, as listed below. If there is a waiting list and we are able to fill your spot on a day-trip or in a program, you will receive a full refund.

General Program or One-Day Trip: Full refund prior to the registration deadline, less any non-recoverable expenses (pre-paid meals, lodging, tickets, etc.)

If adequate advance notice prior to the registration deadline is not given, and your space cannot be filled, all fees are forfeited.

Inclusion Statement

It is the goal of Staunton Parks and Recreation to create an inclusive and welcoming environment for all individuals of all abilities who wish to participate in recreational activities and programs and experience the benefits and opportunities provided through the services offered by Staunton Parks and Recreation.

Staunton Parks and Recreation will accommodate any reasonable request to assist people with disabilities and special needs and support various learning styles. Individuals who require additional support are encouraged to complete the Accommodation Request Form two weeks in advance of the program or activity in which they plan to participate, to assist Parks and Recreation staff in its efforts to create a positive recreation experience for the participant. For questions, please call 540.332.3945. The Accommodation Request form can be found here: www.staunton.va.us/Accommodation.

Notice and Prohibition Against Discrimination

The City of Staunton is committed to equal opportunity and compliance otherwise with all nondiscrimination laws. The City of Staunton is an inclusive locality and environment.

The City of Staunton does not discriminate and prohibits unlawful discrimination and harassment against any person on the basis of race, creed, religion or religious belief, color, ethnicity, national origin, ancestry, age, sex or gender, sexual orientation, disability, military or veteran status or on any unlawful basis.

No qualified person on the basis of disability will, on the basis of disability, be denied the benefits of local government services, programs, or activities. If any person has a disability or otherwise needs special consideration, the City welcomes contact and will provide information and address special needs in compliance with the law.

Any unlawful discrimination should be reported immediately to any City-designated person and any City department director, or to the City Manager or designee, or to any member of the Staunton City Council. Such discrimination also may be reported to any state or federal agency which is responsible for compliance with nondiscrimination laws, such as the U.S. Justice Department, the Equal Employment Opportunity Commission, or any other federal or state agency with jurisdiction.

The City of Staunton also prohibits unlawful retaliation against any person who files a report or complaint about discrimination.

To contact the City Manager's office to report any unlawful discrimination or retaliation or to request special arrangements because of disability, please call 540.332.3814.



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Admin Building Montgomery Hall Park • 1000 Montgomery Ave • Staunton, VA 24401 • 540.332.3945 • staunton.va.us/recreation

First Annual Pumpkin Float

Saturday, October 29, 5pm-8pm, Lake Tams in Gypsy Hill Park

Bring the entire family to our first annual Fall Pumpkin Float at Lake Tams featuring floating pumpkins, costume contest, luminaries and fun family activities. Refreshments, music and child-focused activities will make this a frightfully-fun way to celebrate Halloween! Bring your carved pumpkin to the drop-off tent alongside the lake. We will provide the rafts as well as the light. Your pumpkin must be 8lbs or less to float. You may carve your pumpkin with a face, polka dots, your initials, or any other design - just make sure it's family friendly. To reserve a raft, you must register online or in-person. The fee is \$2 per raft, families can reserve as many as they would like. Pumpkins will not be returned to families after the event, they will be composted.

