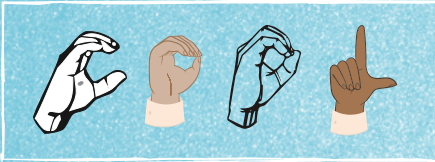


Jan-Mar Activities 2022

American Sign Language

This course teaches the basic communication skills in American Sign Language. There will be many hands-on activities and games, discussions, vocabulary development, and conversational skills. Any individual who has had basic or no experience at all may benefit from this course. A fun opportunity to learn a new language in a stress free environment outside of a classroom! Ages: 9+. Instructor: Amy Ashworth. #K4052-21 MHPA, 6:30pm-8pm, eight Thursdays beginning February 3. Price: \$84. Register by: January 27



American Shakespeare Center Drama Club

Join the American Shakespeare Center Drama Club to build confidence and expand creativity with the ultimate team sport: theatre. The ASC Drama Club's 12-week class will explore Shakespeare's language and stagecraft through play, culminating in a final performance of an original, abridged Shakespeare play at the Blackfriars Playhouse on Saturday, April 23. Included in the cost of the ASC Drama Club is a ticket for each participant to join the group on a field trip to see a Comedy of Errors at the American Shakespeare Center. Instructor: Lia Wallace of American Shakespeare Center. Ages 8-15. #K7078-15 NSC, 1pm-3pm, 12 Sundays beginning January 23. Price: \$175. For more information, contact Lia Wallace at lia.wallace@americanshakespearecenter.com or by phone at 540.885-5588 ext. 410. Register by: January 14



Fitness Wellbeing

Morning Warmups (Winter Session)

This class is great for seniors with tired muscles and as a follow up for physical therapy. Bring hand weights, exercise mats, and resistance bands. Learn chair exercises, healthy eating, and diet tips. Men and women invited! Ages 50+. Instructor: Brenda Powell. GHPG, 9am-10am, Tuesdays and Thursdays beginning January 11. Price: \$32 per 12 classes (Price has already been adjusted for senior rate).

Kendo (Monthly)

Kendo is a modern form of Japanese fencing. It comes from the sword arts of ancient Japan, and is the modern incarnation of a centuries-long evolution. Kendo is more than just learning to fence, it is also about proper discipline and spirit. We use two types of swords, a bokken (wooden sword) or a shinai (bamboo sword). Instructor: John Smitka. #K9036-30 GHPGC, 7pm-9pm. Join monthly sessions beginning 1st Wednesday of each month. Price: \$50/month

Stroller Striders Walking Club

Simple, fun, safe exercise and social support for Mom and Babies. This community-based club is formed specifically for mothers to get together for a walk with their babies and children in strollers, slings, or carriers. Grab your coffee or favorite morning beverage of choice for a weekly meetup to make new friends, talk about motherhood and parenting topics all while taking a walk around beautiful Gypsy Hill Park with your child. Call Nicole at the Recreation Department at 540.332.3945 for more details. Club will meet at Exercise Park in Gypsy Hill Park on Friday mornings at 9am. N1167-22 Club begins on March 4. Annual fee: \$15. Register by: February 25



Toddler/Pre-K

Explorers Club

Who wants to have some fun? Join the Explorers Club for a variety of fun experiences, visiting exciting sites or having a great outdoor adventure. Let your child become a young explorer with monthly journeys to new locations. The Explorers Club will have planned trips from February thru June. Ages 5 and under (parent/guardian must remain present with children). Trips held 10am-noon on third Friday of the month. N8021-15 Price: \$10 for season. Register anytime!

Toddler/Pre-K Open Gym

As the weather cools down and the snow begins to fall we find ourselves cooped up with not many options to run and play. Join us Wednesday mornings at the Gypsy Hill Park Gymnasium. We will have balls, toys, and games available for little ones, as well as plenty of open space for running and being silly. Parent/guardian must remain present with their children. Ages 5 and under. GHPG, 9:30am-11:30am, Wednesdays February and March. Starts on February 2. Price: \$3/child each visit. *Please note: this program will be unavailable on the fourth Wednesday of each month.

Molly's Musikgarten

Family Music for Babies and Toddlers

Designed for the whole family, these weekly classes help you learn how to play musically with your little one through activities that bridge the natural connection between music and movement. Together we sing, chant, move, dance, listen, and play simple instruments all through one of the four wonder-filled semesters. Enjoy the wonderful lessons that include Dance with Me, Sing with Me, Play with Me, and Clap with Me. Each lesson features movement activities for coordination, body awareness and control, exploration of space. Instruments such as rhythm sticks, jingles, rattles, drums and resonator bars will be introduced. Instructor: Molly Murphy. K8032-12 NSC, 11am-11:30am, Eight Thursdays beginning January 20. Price: \$120 (an additional \$40 due for supplies on first day). Ages Birth-3yrs. Register by: January 14

Molly's Musikgarten

Family Music for Preschoolers-First Grade

This class is developed to build your child's attention and self-expression through singing, chanting, moving, focused listening, musical games, exploring musical instruments, creative movement, and storytelling. This family class will nurture your growing child's ability to use language and participate in dramatic play with a musical context. Fun family packets, along with rhythm sticks, a Musikgarten rattle, or colorful scarf will increase family movement to the learning process you can share in class or at home. Instructor: Molly Murphy. K8040-12 NSC, 4pm-4:30 pm, Eight Thursdays beginning January 20. Price: \$120 (an additional \$40 due for supplies on first day). Ages 4-6 years. Register by: January 14



Outdoors



Archery Club

This club is designed for youth to participate in a weekly archery program at Montgomery Hall Park. Students will learn archery basics and develop their knowledge and skills so that they are comfortable shooting bow and arrow, become familiar with archery equipment, and follow safety guidelines on the shooting range. This program is made possible by an equipment loan program through a grant received by the Virginia Department of Game and Inland Fisheries. Ages 8+. Instructor: Liz Hadley

New Members

Need to complete the Intro to Archery Workshop on March 21, 4pm-6pm (included in price). Club dates next four Mondays, 4pm-5:15pm, beginning March 28. #K7135-24 MHP, Price: \$45. Register by: March 14

Returning Members

To be eligible for this class you must have completed the Archery Workshop or been a past student. #K7135-23 MHP, 4pm-5:15pm, Four Mondays starting March 28. Price: \$30. Register by: March 14

Beginner Rock Climbing and Rappelling in the George Washington Ntl. Forest

Enjoy a full day of learning to climb, belay and rappel in the George Washington National Forest. Let WILD GUYde Adventures lead you on an outdoor adventure! This experience is open to ages 10 and older (children may attend unaccompanied, but their transportation must be provided by a parent or guardian); all technical gear is provided; a personal suggested clothing list and a Medical Form/Participation Agreement will be supplied after registration. #K7047-17 George Washington National Forest, 9am-5pm, Saturday, March 26. Price: \$72 per person. Register by: March 16

Intermediate Rock Climbing and Rappelling in the George Washington Ntl. Forest.

This full day of rock climbing and rappelling is a "next step" for individuals who have had a little prior climbing experience, maybe with WILD GUYde Adventures, indoor gym, or somewhere else. We will visit a different location from our Beginner Trip on March 26, and try some more challenging climbing; ages 12 and older (children may attend unaccompanied, but their transportation must be provided by a parent or guardian); all technical gear is provided; a personal suggested clothing list and the Medical Form/Participant Agreement will be supplied by WILD GUYde Adventures after registration; Sunday, April 24 from 9am-5pm. Price: \$72 per person; Register by: April 14



American Red Cross Lifeguard Training - Blended Learning

Designed to teach swimming pool lifeguarding skills and knowledge needed to prevent and respond to aquatic emergencies. Must attend the Eligibility Swim on March 6th and successfully complete the following skills: 300-yard swim, tread water for 2 minutes using legs only, and complete a submerged brick retrieval timed event in less than 1 minute, 40 seconds.

Course requires participants to have access to internet for online component. The online component is approximately 7 hours outside of the scheduled class time and must be completed prior to the first in-person skill session. In-Person water skills will take place at Augusta Health Fitness Center (107 Medical Center Cir, Fishersville).

Certification Requirements: Attend and participate in all class sessions, successfully complete online portion, demonstrate competency in all required skills, activities and final skill scenarios and correctly answer at least 80% of the questions in each of the two sections of the final in-person written exam on April 3rd. Certification: American Red Cross Lifeguarding/First Aid and CPR/AED for the Professional Rescuer. Call Nicole at the Recreation Department at 540.332.3945 for more details. #NA165-01, 9am -3:30pm, March 28 - April 3. Price: \$175. Ages: 15+. Register by: February 28



**American
Red Cross**



Day Trips

Hollywood Casino at Charles Town Races

Take a trip to Hollywood Casino in West Virginia and try your luck! #K5015-22 Saturday February 19. Depart GHPG parking lot at 10am; return around 9pm. Price: \$28 (Includes transportation only). Register by: February 11



National Aquarium/Inner Harbor

Enjoy the amazing underwater world of the National Aquarium at Baltimore's beautiful Inner Harbor. The National Aquarium is a showcase of close to 20,000 animals including birds, frogs, sharks, dolphins and jellies. Witness several award-winning exhibits such as Jellies Invasion, Dolphin Discovery, Australia: Wild Extremes and more. But that's not all! We will also include FREE time for you to enjoy the great sites, shops and eateries around the Inner Harbor to top off a terrific day! Price Includes transportation and Aquarium admission. #N5094-01 Saturday, February 26. Depart GHPG 7:30am; Return 8:30pm. Price: Adult \$67, Child \$55. Register by: February 18



Tysons Corner – Let's Go Shopping!

Tysons Corner Center offers an unbeatable mix of more than 300 brands, 40 dining destinations, and a 16-screen stadium seating and IMAX 3D AMC Theatres. Tysons' "who's who" of retail includes Apple, Bloomingdale's, Dyson, Gucci, Louis Vuitton, Macy's, Microsoft, Nordstrom, Peloton, Shinola, Warby Parker, and more. Don't miss your chance to visit the NEW Selfie WRld! The #1 trending selfie museum in the US. Here you can immerse yourself in fun, eye-catching and interactive art installations. #N5168-01 Tuesday, March 1. Depart GHPG 9:00am; return around 7:00pm. Price: \$30 Register by: February 22



Feb 19 - Hollywood Casino
Feb 26 - National Aquarium
Mar 01 - Tysons Corner



Athletics

Men's Softball Sprint Spring League

This league is open to teams consisting of players 16+ years of age to compete in men's slow pitch softball at Montgomery Hall Park in Staunton. Teams can consist of up to 20 players on the roster to be placed in divisions based on ability. The league will begin April 11th. Will play Monday & Wednesday nights. Ball requirement is .44 core .375 compression. League fee is \$225 per team, by April 1. League is will be 10 games played over 5/6 weeks.

Co-ed Spring Softball League

Co-ed league is returning for another exciting year. The league will begin May 3rd. Ball requirement is 12", .44 core, .375 for men, and any 11", .44 core ball for women. League fee is \$300 per team by April 22. Men use wooden bats. League will play on Tuesday and Thursday

Men's and Co-ed Softball Meetings and Open Forum

On March 31st at 7:00PM, in the Montgomery Hall Park activity room there will be an open forum and meeting discussing the upcoming season. This time will also serve as a discussion for any suggestions anyone would like to make concerning the league or any of its policies for the 2022 Softball seasons. Anyone considering entering a team in the spring season should attend if possible.

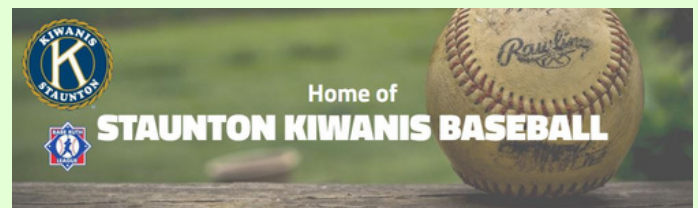
Softball Umpire meeting

All current umpires, and anyone interested in becoming an umpire should attend this clinic and sign up on March 31st at Montgomery Hall Park activity room. The meeting will begin at 8:00pm and there is no fee to attend.

Youth Sports

Preparations are underway for the return of youth baseball in 2022 at Gypsy Hill Park. Registration Opens February 1st at www.stauntonkbb.com

Kiwanis Club of Staunton Facebook Page
www.facebook.com/StauntonKiwanis



Elks Hoop Shoot

Calling all youth boys and girls ages 8-13 (as of April 1, 2022) to come out to the Gypsy Hill Park Gym on Saturday January 22, from 10am-noon for the Elks Hoop Shoot Free Throw Shooting Contest. There will be free on-site registration. Visit the Elks website <https://www.elks.org/hoopshoot/compete/playbook.cfm> for contest rules or call the rec office at 540.332.3945



Camp Staunton

Theme: **Reconnect**

June 6 - July 29

Your child will benefit from warm days outside in our beautiful city parks, youth development, swimming, fun and games with friends, and some of the best staff and care in our area. We hope you will join us for an amazing summer at Camp Staunton in 2022!

Qualified and **Mature** staff, **Park Setting Outdoors** with acres of green space, **Creativity** through free play, **Enrichment** and **Group Activities, Choices** and **Interests**: Your child will choose from many activities like pickleball, archery, hiking, arts/crafts, outdoor games, fishing, and much more. Does your child need **Exercise**? Whether it is organized or unorganized play, there is no way around it. We play numerous recreational activities each day. **Age Matters!** We separate our camp sites according to age. The Staunton Parks and Recreation summer camp program has been in operation for over 35 years. Our reputation precedes us; just ask any previous summer camp parent or camper about our summer program. Register for the entire eight-week program, or pre-register for certain weeks. Program Fees: \$750 pre-paid for 8 weeks, OR \$100 weekly. Registration begins Tuesday, February 8, 8am at the Irene Givens Administration Building in Montgomery Hall Park.



Irish Road Bowling

Saturday, March 12

Montgomery Hall Park



Join us for a wee bit o' fun and try Road Bowling. This St. Patrick's Day event is full of fun and (family) friendly competition with our own spin on the original game played on the Irish country roads. Teams are comprised of either 3 or 4 people and we will assign tee times to ensure proper spacing, safety and integrity of the game. The new format is not a tournament but an opportunity to come out and play the game, we will still record team scores. Wearing Green and fun St. Patrick's Day clothing is encouraged. Team entry fee: \$25 for a 3-person team, \$28 for a 4-person team (Price includes one road bowl per team). Bowling tee times are between 9am-12:30pm. Call the Recreation office for more details at 540.332.3945, online registration available beginning in January or stop by the rec office to register your team.

Team entry fee: \$25 for a 3 person team, includes one road bowl
Team entry fee: \$28 for a 4 person team, includes one road bowl

Sponsored by



Golf

FEES

Promotional adult member fee \$300 per year

Junior member fee (12-17) \$100

All-inclusive member plan \$1200 per person per year

18 Hole Cart fee \$15

18 Holes Green Fee \$15 Mon-Thu

\$20 Fri-Sun

9 Hole Cart Fee (1-7, 13 & 14) \$10

9 Hole Green Fee (1-7, 13 & 14) \$10

M-TH After 2pm \$20 Includes Cart and Green Fee

\$10 Green Fee Only

M-TH After 5pm \$15 Includes Cart and Green Fee

\$10 Green Fee Only

Fri-Sun After 2pm \$25 Includes Cart and Green Fee

VSGA Rate 7 days a week

after 10am only 4 plays annually \$25

GOLF PRO LESSON RATES

Adult one-hour lesson: \$40

Senior one-hour lesson: \$30

Junior one-hour lesson: \$20

Winter Hours

9 a.m. to 4 p.m. Sunday through Saturday

*Weather Dependent



Free Income Tax Preparation

AARP TaxAide

American Association of Retired Persons (AARP) TaxAide volunteers will offer free and confidential Federal and Virginia tax preparation and e-filing for low and moderate income individuals from February through mid-April. Any person, of any age, may use this service and you do not need to be an AARP member. We will offer a drop-off service similar to last year at the Augusta County Government Center. Call 540-416-1399 after January 15 for updated information about the site opening, how you can pick up an intake booklet, and how to make an appointment. Appointments are required – no walk-ins. All appointments will be on Monday or Thursday at the Augusta County Government Center in Verona. Taxpayers will have to visit the Government Center three times – first, to pick up the intake packet; second, to meet with a counselor for the initial interview; and third, to review/e-file your return. There will be limits on the types of returns we can complete – for example, we will not do returns with itemized deductions, with self-employment expenses, or with more than five stock transactions. Additional details will be available by calling 540-416-1399 after January 15. Have a paper and pencil handy so you can take notes on the recorded message.

