



City Council  
WORK SESSION  
Rita S. Wilson City Council Chambers  
May 28, 2026  
5:30 p.m.

Council Members present: Vice Mayor Arrowood, and Councilors Overholtzer, Park, and Woods.  
Absent, Mayor Edwards and Councilors Cambell and Shepherd.

Vice-Mayor Arrowood called this meeting of Staunton City Council to order.

**1. Consideration of Work Session and Regular Meeting Agendas**

Consistent with Procedural Memorandum No. 3, the agendas were presented for Council consideration.

Councilor Overholtzer moved to approve the work session and regular meeting agendas as presented.

The motion was seconded by Councilor Woods and carried as follows:

|                 |        |                     |        |
|-----------------|--------|---------------------|--------|
| Ms. Park        | aye    | Mr. Shepherd        | absent |
| Mr. Overholtzer | aye    | Vice Mayor Arrowood | aye    |
| Ms. Woods       | aye    | Mayor Edwards       | absent |
| Mr. Campbell    | absent |                     |        |

**2. Introduction of Xavier Crockett, Director of the Central Shenandoah Health District**

Xavier Crockett joined the Central Shenandoah Health District as the Executive Director in early 2026. He introduced himself and provided the following information:

He has been employed in the health care field for 15 years, and he has spent that last 8 years in a public health leadership capacity. He is an Atlanta native and completed his college education in Danville, Virginia. He has most recently been a health director in western Colorado.

He stated that he has been working to identify community health needs and is seeing an obvious need for maternal child health services.

Councilor Overholtzer asked about data related to maternal health. Mr. Crockett stated that this health district has lower metrics for maternal health than state and national averages.

Councilor Woods asked if the district is looking at a community outreach program similar to the former federal programs that were defunded. Mr. Crockett stated that the district is looking at developing a community navigator program.

Councilor Woods asked if medical and dental services are being offered by the Health Department. Mr. Crockett stated that the Health Department stopped providing those services during the COVID-19 pandemic. He said that the local department is talking to the state about potentially reinstating those services.

Vice-Mayor Arrowood asked if there is anything that he learned in Colorado or Georgia that he thought could be applied in this area. Mr. Crockett stated that his work with navigator programs in his previous positions could be helpful to this area.

Councilor Park welcomed Mr. Crockett to the area.

### **3. Update from Valley Community Services Board**

Dr. Kimberly McClanahan, Director of Valley Community Services Board, provided an update on current initiatives.

Dr. McClanahan provided information about the progress of the Valley Recovery and Assessment Center (V-RAC), the First Street ICF Home, the good condition of Valley Community Services Board's finances, and the establishment of the Valley Community Outreach 501 (c)(3) organization.

Councilor Overholtzer asked if the 501(c)(3) was established for any particular purpose.

Dr. McClanahan said it was not established for any particular purpose, but donors may earmark donations for a particular purpose.

Councilor Overholtzer asked if there were any particular goals for the money raised by the 501(c)(3).

Dr. McClanahan said the current hope is for the organization to raise \$250,000 to support the establishment of the V-RAC.

### **4. Closed Meeting for the Discussion or Consideration of the Acquisition of Real Property for a Public Purpose Located on Churchville Avenue**

Councilor Woods moved to enter a closed meeting for the discussion or consideration of the acquisition of real property located on Churchville Avenue for a public purpose where discussion

in an open meeting would adversely affect the bargaining position or negotiating strategy of the public body, pursuant to Virginia Code § 2.2-3711(A)(3).

The motion was seconded by Councilor Overholtzer and carried as follows:

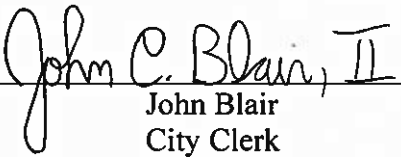
|                 |        |                     |        |
|-----------------|--------|---------------------|--------|
| Ms. Park        | aye    | Mr. Shepherd        | absent |
| Mr. Overholtzer | aye    | Vice Mayor Arrowood | aye    |
| Ms. Woods       | aye    | Mayor Edwards       | absent |
| Mr. Campbell    | absent |                     |        |

Councilor Park moved that Council reconvene in an open meeting and certify to the best of each member's knowledge that only lawfully exempted public business matters were discussed and that only public business matters as identified in the closed meeting motion were heard, discussed or considered in the meeting.

The motion was seconded by Councilor Woods and carried as follows:

|                 |        |                     |        |
|-----------------|--------|---------------------|--------|
| Ms. Park        | aye    | Mr. Shepherd        | absent |
| Mr. Overholtzer | aye    | Vice Mayor Arrowood | aye    |
| Ms. Woods       | aye    | Mayor Edwards       | absent |
| Mr. Campbell    | absent |                     |        |

The May 28, 2026 Staunton City Council Work Session adjourned at 7:00 p.m.

  
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John Blair  
City Clerk